

Meal Site Menu

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1. Beef Macaroni w/Tomato, Seasoned Turnip Greens, Chuckwagon Corn, Texas Toast, LD Fudge Round, & Milk	2. Pork Ribblett, BBQ Sauce, Green Peas, Whipped Sweet Potatoes, Hamburger Bun, Fresh Apple, Pickle Slices, & Milk	3. Chicken Chef Salad, Black-eyed Pea Salad, Broccoli Raisin Salad, Spinach Romaine Salad greens. Saltine Crackers, Apple Pie, Fat Free Ranch Dressing, & Milk	4. CLOSED	5. Swiss Style Beef Patty, Mashed Potatoes, Mixed Fruit, Succotash, White Dinner Roll, & Milk
8. Waikiki Chicken, Rice Pilaf, Country Cottage Blend, Fresh Orange, Whole Wheat Roll, Birthday Cake, & Milk	9. Hot Dog w/Chili, Ranch Beans, Orange-Tangerine Juice, Confetti Cole Slaw, Hot Dog Bun, Fruit & Grain Bar, & Milk	10. Egg Salad, Cucumber Tomato Salad, Marinated Broccoli Salad, White Bread (2 slices), LD Pecan Spinwheel, & Milk	11. Hamburger American Cheese, Carrots, Lettuce & Pickles, Hamburger Bun, Peach Cobbler, Ketchup, & Milk	12. BBQ Chicken (Bone-in), Chantilly Potatoes, Fresh Banana, Seasoned Turnip Greens, Rye Bread, & Milk
15. Beef Patty, Pepper & Onion Gravy, Seasoned Collard Greens, White Beans, White Dinner Roll, Pineapple Tidbits, Margarine, & Milk	16. Chicken Fettuccine, Italian Squash, Mixed Vegetables, Rye Bread, Fruit & Grain Bar, & Milk	17. BBQ Pulled Pork, Baked Beans, Confetti Cole Slaw, Hamburger Bun, Grape Juice, & Milk	18. All American Sandwich, Lettuce & Tomato, Pasta Vegetable Salad (1 Cup), Hoagie Bun, Mandarin Oranges, & Milk	19. Spaghetti w/Meat Sauce, Garden Salad, Italian Blend Vegetables, Wheat Bread, Blueberry Cake, Italian Dressing, & Milk
22. Slice Ham, Sweet Potatoes and Apples, Pinto Beans, Fruit Punch Juice, White Dinner Roll, Vanilla Pudding, Margarine, & Milk	23. Sloppy Joe, Pineapple Slaw, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, & Milk	24. Bourbon Chicken Salad, Pasta Vegetable Salad (1 Cup), Carrot Raisin Salad, Captain's Wafers, LD Star Crunch, & Milk	25. A-1 Chopped Steak, Brown Gravy, Mixed Vegetables, Whole Wheat Bread, Fresh Banana, & Milk	26. Sausage w/Onions & Peppers, Rice Pilaf, Southern Green Beans, Orange-Tangerine Juice, Hot Dog Bun, Peanut Butter Fluff, Yellow Mustard, & Milk
29. Beef Macaroni w/Tomato, Seasoned Turnip Greens, Chuckwagon Corn, Texas Toast, LD Fudge Round, & Milk	30. Pork Ribblett, BBQ Sauce, Green Peas, Whipped Sweet Potatoes, Hamburger Bun, Fresh Apple, Pickle Slices, & Milk	31. Smothered Chicken, Mushroom Gravy, Steamed Rice, Fruit Punch Juice, Capri Blend Vegetables, White Dinner Roll, & Milk	Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.