

# Referral Letter for Home Delivered Meals

If you or someone you know is interested in Home Delivered Meals send a referral letter with the following information of the person in need (this can be a letter from you, it does not have to be from a doctor) :

- Name
- Address
- Phone Number
- Date of Birth
- Why Home Delivered Meals are needed
- Contact Name and Phone Number

Mail to: RCAS

225 S. Lawrence Street

Rockingham, N.C. 28379

For more information, please contact the

Nutrition Program Director.



# Online Referrals

Save time and postage by completing an Online Referral.

**Go to: [www.richmondnc.com/340/Apply-for-Services](http://www.richmondnc.com/340/Apply-for-Services)**

Our staff receives the application immediately upon your submittal.

# Reservation Policy

## Congregate and Home Delivered Meals

To reduce the number of un-served meals at each nutrition site, a reservation system is used. Each person must notify the site manager if they plan to be absent from the site for any amount of time so that meals are not ordered for them during their absence.

**RICHMOND COUNTY  
AGING SERVICES**

Providing Much More  
Than A Meal!

# Grievances

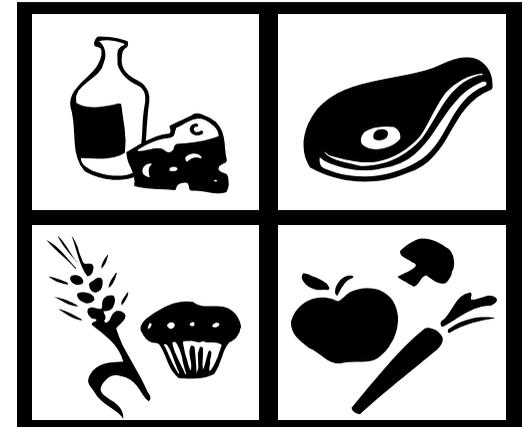
Any and all grievances can be reported directly to the Nutrition Program Director within five (5) working days. If complaints are not resolved to the client's satisfaction within ten (10) working days from the receipt of complaint, all complaints will be forwarded to the Aging Program Administrator for resolution.

# Waiting List Service Priority

1. Individuals who have been abused, neglected, and/ or exploited.
2. Individuals who are at risk of abuse, neglect, or exploitation.
3. Individuals who are health impaired and need individual nutritional supports.
4. Individuals whose independent living arrangements do not provide adequate facilities for meal preparations.
5. Individuals who do not have a caregiver paid/ unpaid to assist with care during day-time hours.

Updated: 3/7/16

# Older Adults Nutrition Program



Tel: 910-997-4491

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## Congregate Nutrition

### Purpose

Congregate nutrition services are intended to promote the health and well being of older adults through the provision of a nutritious meal five days a week. Nutrition education and appropriate supportive services are also provided to help enhance the older person's ability to remain independent.

### Eligibility

Congregate nutrition services are available to persons 60 years of age and older and their spouses. Spouses under the age of 60 are eligible for services when the person 60 and over is actively involved in the program. There is also a special eligibility for persons with disabilities who reside in the home with an eligible senior.

## Home Delivered Meals

### Purpose

Home Delivered Meals are intended to help maintain and improve the health of impaired homebound older adults by providing nutritionally balanced meals served in the home. Home Delivered meals help to enable impaired older adults to remain at home as long as possible and facilitate the discharge of older adults from hospitals and care providing facilities.

### Eligibility

Persons 60 years of age and older who are physically or mentally unable to obtain food or prepare meals, who have no responsible person who is able and willing to prepare meals and are homebound. Also the client must be unable to participate in the congregate nutrition program because of physical or mental impairment. The spouse of an eligible older adult may also be eligible to receive a home delivered meal.

## Consumer Contributions

The purpose of the Consumer Contribution Policy is to extend the availability of in-home and community based services administered by the Division of Aging by soliciting from all service recipients a portion of the cost of services rendered based upon their ability to pay.

Revenues collected from service recipients will be retained by the local service provider and used to increase services to existing clients and/or provide in-home and community based services to other individuals in need of such services.

Contributions are entirely voluntary and services will not be reduced or terminated for failure to contribute. All information regarding a client's participation in consumer contributions shall be kept confidential.

## Meal Site Managers

### East Rockingham

Eva Greene  
997-8225

### Hamlet

Louise Ledbetter  
582-7985

### Ellerbe

Judy Tyndall  
652-6006

### Nutrition Assistant

Beverly Darhower  
997-4491

## Nutrition Program Director

**225 S. Lawrence Street  
Rockingham, N.C. 28379**

**Phone: 910-997-4491**

**Email:  
kim.partin@richmondnc.com**

**Fax: 910-410-1136**

**Website:  
www.richmondnc.com/277/Nutrition**

**LIVE UNITED** 