

Meal Site Menu

December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Do you or loved ones have Medicare? Shiip can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the senior centers.</p>			<p>1 A-1 Chopped Steak, Brown Gravy, Rice Pilaf, Fruit Punch , Cabbage & Carrots. Whole Wheat Bread, Banana, Margarine & Milk</p>
<p>4 Sliced Ham, Low Fat Yogurt, Grits, Spiced Peaches, Orange-Tangerine Juice, Biscuit, Jelly, Margarine, & Milk</p>	<p>5 Chicken Noodle Soup, Grape Juice, Winter Blend Vegetables, Captain's Wafers, Mixed Berry Crisp, & Milk</p>	<p>6 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Mixed Vegetables, Mixed Fruit, Whole Wheat Bread, LD Fudge Round, & Milk</p>	<p>7 Swiss Style Beef Patty, Steamed Rice, Fruit Punch, Okra & Tomatoes, White Dinner Roll, Strawberry Crunch Bar, & Milk</p>	<p>8 Chicken w/Paprika Cream Sauce ,Mashed Potatoes, Steamed Spinach ,Whole Wheat Roll, Fresh Apple , Margarine, & Milk</p>
<p>11 Sliced Roasted Turkey, American Cheese, Potato Chowder, Broccoli Cuts, Whole Wheat Bread, Apple Crisp, & Milk</p>	<p>12 CLOSED</p>	<p>13 CLOSED</p>	<p>14 Sliced Roasted Turkey, Poultry Gravy, Cornbread Dressing, Green Beans Almondine, Orange-Tangerine Juice, White Dinner Roll, & Milk</p>	<p>15 Hamburger, American Cheese, Chuckwagon Corn, Lettuce & Tomato, Hamburger Bun, Peach Cobbler, Ketchup, & Milk</p>
<p>18 Chicken Hearty Stew, Black-eyed Peas, Escalloped Apples, Whole Wheat Bread, Grape Juice, & Milk</p>	<p>19 Pepper & Onion Beef Patty, Mashed Potatoes, Green Peas, White Bread, Banana, Margarine, & Milk</p>	<p>20 CLOSED</p>	<p>21 CLOSED</p>	<p>22 CLOSED</p>
<p>25 CLOSED</p>	<p>26 CLOSED</p>	<p>27 CLOSED</p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>

East Rockingham Meal Site

135 Safie 6th Street, Rockingham, NC 28379
910-997-8225

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4 Sliced Ham, Low Fat Yogurt, Grits, Spiced Peaches, Orange-Tangerine Juice, Biscuit, Jelly, Margarine, & Milk	5 Chicken Noodle Soup, Grape Juice, Winter Blend Vegetables, Captain's Wafers, Mixed Berry Crisp, & Milk	6 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Mixed Vegetables, Mixed Fruit, Whole Wheat Bread, LD Fudge Round, & Milk	7 Swiss Style Beef Patty, Steamed Rice, Fruit Punch, Okra & Tomatoes, White Dinner Roll, Strawberry Crunch Bar, & Milk	8 Chicken w/Paprika Cream Sauce , Mashed Potatoes, Steamed Spinach ,Whole Wheat Roll, Fresh Apple , Margarine, & Milk
11 Sliced Roasted Turkey, American Cheese, Potato Chowder, Broccoli Cuts, Whole Wheat Bread, Apple Crisp, & Milk	12 Pork Ribblett, BBQ Sauce, Whipped Sweet Potatoes, Orange-Tangerine Juice, Lima Beans w/Red Peppers, Hamburger Bun, Pickle Slices, & Milk	13 CLOSED	14 Sliced Roasted Turkey, Poultry Gravy, Cornbread Dressing, Green Beans Almondine, Orange-Tangerine Juice, White Dinner Roll, & Milk	15 Hamburger, American Cheese, Chuckwagon Corn, Lettuce & Tomato, Hamburger Bun, Peach Cobbler, Ketchup, & Milk
18 Chicken Hearty Stew, Black-eyed Peas, Escalloped Apples, Whole Wheat Bread, Grape Juice, & Milk	19 Pepper & Onion Beef Patty, Mashed Potatoes, Green Peas, White Bread, Banana, Margarine, & Milk	20 CLOSED	21 CLOSED	22 CLOSED
25 CLOSED Merry Christmas	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED

Ellerbe Meal Site

306 Millstone Road, Ellerbe, NC 28338
910-652-6006

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4 Sliced Ham, Low Fat Yogurt, Grits, Spiced Peaches, Orange-Tangerine Juice, Biscuit, Jelly, Margarine, & Milk	5 Chicken Noodle Soup, Grape Juice, Winter Blend Vegetables, Captain's Wafers, Mixed Berry Crisp, & Milk	6 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Mixed Vegetables, Mixed Fruit, Whole Wheat Bread, LD Fudge Round, & Milk	7 Swiss Style Beef Patty, Steamed Rice, Fruit Punch, Okra & Tomatoes, White Dinner Roll, Strawberry Crunch Bar, & Milk	8 Chicken w/Paprika Cream Sauce ,Mashed Potatoes, Steamed Spinach , Whole Wheat Roll, Fresh Apple , Margarine, & Milk
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18 Chicken Hearty Stew, Black-eyed Peas, Escalloped Apples, Whole Wheat Bread, Grape Juice, & Milk	19 Pepper & Onion Beef Patty, Mashed Potatoes, Green Peas, White Bread, Banana, Margarine, & Milk	20 CLOSED	21 CLOSED	22 CLOSED
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Hamlet Meal Site

102 Veterans Drive, Hamlet, NC 28345
910-582-7985

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