Wicai Site Wiciiu			January 2016	
Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 Oriental Shoyu Chicken, Steamed Rice, Carrots, Tangerine Juice, Dinner Roll, Fortune Cookie,& Milk	3 Turkey & Cheese Sandwich, Broccoli, Cream of Tomato Soup, Wheat Bread, Escalloped Apples, Mayonnaise, & Milk	4 Salisbury Steak, Brown Gravy, Seasoned Turnip Greens, Macaroni & Cheese, Bread, Fresh Fruit, Margarine, & Milk	5 Pork Ribblett, BBQ Sauce, Pickle Slices, Chuckwagon Corn, Smothered Potatoes, Hamburger Bun, Cookies, Cream Fluff, & Milk
8 Lemon Pepper Chicken, Rice Pilaf, Green Beans	9 Spaghetti w/Meat Sauce, Whole Kernel Corn, Tossed	10 Baked Pork Chop , Pork Gravy, Creamed Potatoes,	11 Hamburger, American Cheese, Baked Beans,	12 Chicken Fettuccine, Green Peas, Carrots, Texas Toast,

Fruit Punch, Seasoned Collard

Greens, Roll, Lemon Poppy

17 Chicken Hearty Stew,

Peas, Roll, Grape Juice, &

Mashed Potatoes, Black-eyed

Seed Cake, & Milk

Milk

w/Red Peppers, Orange-

Jelly Cream Pie, & Milk

15

Milk

Tangerine Juice, Dinner Roll,

Whole Kernel Corn, Tossed Salad, Texas Toast, Peach

Crisp, Italian Dressing, & Milk

16 Swiss Style Beef Patty, Rice Pilaf, Orange, Mixed Vegetables, Bread, Birthday Cake, & Milk

Hamburger Bun, Apple Crisp, Ketchup, & Milk 18 Ham & Vegetable Frittata, Grits, Orange-Tangerine Juice, Spiced Peaches, English Muffin, Jelly, Margarine, &

25 Chicken w/Paprika Cream

Peppers, Romana Blend Veg.,

Do you or loved ones have

Medicare? SHIIP can help

if you questions. 1-855-

408-1212 or 410-1135

Sauce, Lima Beans w/Red

Orange, Dinner Roll, Poke

Cake, Margarine & Milk

Mandarin Oranges,

Milk

**CLOSED** 23 Sliced Ham, White Beans, Seasoned Collard Greens, Grape Juice, Cornbread,

24 Hot Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk

Crisp, & Milk 26 Peanut Butter & Jelly, Beef Vegetable Soup, Broccoli Cuts, Bread, Apple Crisp, & Milk

Save your Pop Tabs to help

Ronald McDonald House.

Give them to the Senior

raise money for the

Centers.

Orange-Tangerine Juice,

19 BBQ Pulled Pork, Baked

Hamburger Bun, Pineapple

Beans, Confeti Cole Slaw,

Margarine, & Milk

22 Italian Beef & Rice Casserole, Italian Blend Vegetables, Orange-Tangerine Juice, Dinner Roll, Pecan Spinwheel, & Milk

29 Beef Patty, Mushroom Gravy, Black-eved Peas

Scalloped Potatoes, Wheat

Bread, Orange, Margarine &

Milk 30 Oriental Shoyu Chicken, Steamed Rice, Carrots, Tangerine Juice, Dinner Roll, Fortune Cookie, & Milk

Mixed Fruit, Margarine, &

31 Turkey & Cheese Sandwich, Broccoli, Cream of Tomato Soup, Wheat Bread, Escalloped Apples, Mayonnaise, Milk