

Meal Site Menu

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk	3 Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Wheat Bread, LD Oatmeal Cookie, & Milk	4 Italian Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	5 Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Tomato, Hamburger Bun, Cherry Cobbler, Ketchup, & Milk	6 Baked Pork Chop, Pork Gravy, Whipped Sweet Potatoes, Green Peas, Orange-Tangerine Juice, White Dinner Roll & Milk
9 Slice Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Oatmeal Cookie, & Milk	10 Beef Taco, Whole Kernel Corn, Green Garden Salad, Spanish Rice, Fresh Orange, Tortilla Chips, Salad Dressing, & Milk	11 BBQ Chicken, Macaroni & Cheese, Lima Beans w/Red Peppers, Mandarin Oranges, Margarine, & Milk	12 Seafood Salad, Spinach Salad, Fruit Punch, Green Peas Salad, Wheat Bread, Banana, & Milk	13 Beef Teriyaki, Steamed Rice, Carrots, Strawberry-Kiwi Juice, Dinner Roll, Birthday Cake, & Milk
16 Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, & Milk	17 Chicken Milano, Green Peas, Fruit Punch Juice, Rye Bread, Spiced Peaches, Margarine, & Milk	18 Turkey Salad, Potato Salad, Copper Penny Salad, Wheat Bread, Applesauce, & Milk	19 A-1 Chopped Steak, Mashed Potatoes, Chuckwagon Corn, Dinner Roll, Cantaloupe, Margarine, & Milk	20 BBQ Pulled Pork, Mustard Greens, Baked Beans, Hamburger Bun, Rocky Road Pudding, & Milk
23 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	24 Hog Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	25 Broccoli Bake, Breakfast Sausage, O'Brien Potatoes, Spiced Peaches, English Muffin, Jelly, Margarine, & Milk	26 Pork Ribblett, BBQ Sauce, Orange-Tangerine Juice, Hamburger Bun, Pineapple Crisp, Pickle-Slices, & Milk	27 Beef Patty, Pepper & Onion Gravy, Candied Sweet Potatoes, Buttered Cabbage, Apple Juice, Dinner Roll, & Milk
30 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk			Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.

East Rockingham Meal Site

135 Safie 6th Street, Rockingham, NC 28379
910-997-8225

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk	3 Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Wheat Bread, LD Oatmeal Cookie, & Milk	4 Italian Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	5 Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Tomato, Hamburger Bun, Cherry Cobbler, Ketchup, & Milk	6 Baked Pork Chop, Pork Gravy, Whipped Sweet Potatoes, Green Peas, Orange-Tangerine Juice, White Dinner Roll & Milk
9 Slice Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Oatmeal Cookie, & Milk	10 Beef Taco, Whole Kernel Corn, Green Garden Salad, Spanish Rice, Fresh Orange, Tortilla Chips, Salad Dressing, & Milk	11 BBQ Chicken, Macaroni & Cheese, Lima Beans w/Red Peppers, Mandarin Oranges, Margarine, & Milk	12 CLOSED	13 Beef Teriyaki, Steamed Rice, Carrots, Strawberry-Kiwi Juice, Dinner Roll, Birthday Cake, & Milk
16 Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, & Milk	17 Chicken Milano, Green Peas, Fruit Punch Juice, Rye Bread, Spiced Peaches, Margarine, & Milk	18 Turkey Salad, Potato Salad, Copper Penny Salad, Wheat Bread, Applesauce, & Milk	19 CLOSED	20 BBQ Pulled Pork, Mustard Greens, Baked Beans, Hamburger Bun, Rocky Road Pudding, & Milk
23 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	24 Hog Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	25 Broccoli Bake, Breakfast Sausage, O'Brien Potatoes, Spiced Peaches, English Muffin, Jelly, Margarine, & Milk	26 Pork Ribblett, BBQ Sauce, Orange-Tangerine Juice, Hamburger Bun, Pineapple Crisp, Pickle-Slices, & Milk	27 Beef Patty, Pepper & Onion Gravy, Candied Sweet Potatoes, Buttered Cabbage, Apple Juice, Dinner Roll, & Milk
30 CLOSED			Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.

Ellerbe Meal Site

306 Millstone Road, Ellerbe, NC 28338
910-652-6006

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk	3 Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Wheat Bread, LD Oatmeal Cookie, & Milk	4 Italian Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	5 Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Tomato, Hamburger Bun, Cherry Cobbler, Ketchup, & Milk	6 Baked Pork Chop, Pork Gravy, Whipped Sweet Potatoes, Green Peas, Orange-Tangerine Juice, White Dinner Roll & Milk
9 Slice Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Oatmeal Cookie, & Milk	10 Beef Taco, Whole Kernel Corn, Green Garden Salad, Spanish Rice, Fresh Orange, Tortilla Chips, Salad Dressing, & Milk	11 BBQ Chicken, Macaroni & Cheese, Lima Beans w/Red Peppers, Mandarin Oranges, Margarine, & Milk	12 CLOSED	13 Beef Teriyaki, Steamed Rice, Carrots, Strawberry-Kiwi Juice, Dinner Roll, Birthday Cake, & Milk
16 Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, & Milk	17 CLOSED	18 Turkey Salad, Potato Salad, Copper Penny Salad, Wheat Bread, Applesauce, & Milk	19 CLOSED	20 BBQ Pulled Pork, Mustard Greens, Baked Beans, Hamburger Bun, Rocky Road Pudding, & Milk
23 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	24 Hog Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	25 CLOSED	26 CLOSED	27 Beef Patty, Pepper & Onion Gravy, Candied Sweet Potatoes, Buttered Cabbage, Apple Juice, Dinner Roll, & Milk
30 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk			Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.

Hamlet Meal Site

102 Veterans Drive, Hamlet, NC 28345
910-582-7985

April 2018

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2 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk	3 Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Wheat Bread, LD Oatmeal Cookie, & Milk	4 Italian Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	5 Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Tomato, Hamburger Bun, Cherry Cobbler, Ketchup, & Milk	6 Baked Pork Chop, Pork Gravy, Whipped Sweet Potatoes, Green Peas, Orange-Tangerine Juice, White Dinner Roll & Milk
9 Slice Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Oatmeal Cookie, & Milk	10 Beef Taco, Whole Kernel Corn, Green Garden Salad, Spanish Rice, Fresh Orange, Tortilla Chips, Salad Dressing, & Milk	11 CLOSED	12 CLOSED	13 Beef Teriyaki, Steamed Rice, Carrots, Strawberry-Kiwi Juice, Dinner Roll, Birthday Cake, & Milk
16 Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, & Milk	17 Chicken Milano, Green Peas, Fruit Punch Juice, Rye Bread, Spiced Peaches, Margarine, & Milk	18 Turkey Salad, Potato Salad, Copper Penny Salad, Wheat Bread, Applesauce, & Milk	19 CLOSED	20 BBQ Pulled Pork, Mustard Greens, Baked Beans, Hamburger Bun, Rocky Road Pudding, & Milk
23 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	24 Hog Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	25 Broccoli Bake, Breakfast Sausage, O'Brien Potatoes, Spiced Peaches, English Muffin, Jelly, Margarine, & Milk	26 Pork Ribblett, BBQ Sauce, Orange-Tangerine Juice, Hamburger Bun, Pineapple Crisp, Pickle-Slices, & Milk	27 Beef Patty, Pepper & Onion Gravy, Candied Sweet Potatoes, Buttered Cabbage, Apple Juice, Dinner Roll, & Milk
30 Spaghetti w/Meat Sauce Creamed & Whole Kernel Corn, Orange-Tangerine Juice, Dinner Roll, Margarine, & Milk			Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.