



Richmond County Aging Services Newsletter

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June 2018

Richmond County Aging Services **Car Wash** Fundraiser

SATURDAY, JUNE 2, 2018

9:00 AM - 2:00 PM

TRUCKS/SUVS:

\$ 8.00

CARS: \$ 5.00

All proceeds will benefit
RC Aging Services'
programs & activities.

Call 910-997-4491
for more information.

**LOCATED AT: O'REILLY'S AUTO PARTS
523 E. BROAD AVENUE, ROCKINGHAM, NC 28379**

Richmond County Aging Services

FISHING TRIP

TUESDAY, JUNE 12TH

8:00 AM - 1:00 PM

Located at

Ellerbe Lions Club Pond

316 Millstone Rd.

Ellerbe, NC 28338

Free Event

Must be at least 55 years old

Call 910-997-4491 to register by
Monday, June 11, 2018

Lunch will be provided. Please bring
your own fishing pole and bait.

Sponsored by
Richmond County
Aging Services



A Very Special Thank You!

Thank you to the
Adult Medicaid Staff
for sponsoring the
hotdog fundraiser
held in May & to
everyone who
participated in
helping raise
\$ 927.00 to help us
purchase fans for
older adults in need.

Upcoming Trips

*Seating is limited on trips

Senior Center	Trip Location	Date	Time Leaving	Cost
East Rockingham/ Rockingham	Ellerbe Lions Club Pond Fishing Trip	Tuesday, June 12 th	8:00am	Free
Ellerbe/East Rockingham	Moore County Hair Day/Pamper Day *	Wednesday, June 20 th	8:30am	\$5.00

Upcoming Events

Event Name	Event Location	Date	Time
Tai-Chi Class	East Rockingham Senior Center	Fridays	1:30pm- 2:30pm
Senior Symposium	Cole Auditorium	Thursday , June 14 th	8:30am- 4:00pm
Arthritis Class	Ellerbe Senior Center	Mondays and Thursdays May 14 – July 12	1:00pm- 2:00pm
Alive after 55	Jerry's Dinner	Thursday, June 21 st	6:00pm
Veteran's Lunch	Cole Auditorium	Thursday, June 28 th	11:00am- 1:00pm

Upcoming Closings

East Rockingham Senior Center	East Rockingham Meal Site	Ellerbe Senior Center/ Meal Site	Hamlet Meal Site	Rockingham Senior Center
Thursday, June 14 th	Thursday, June 14 th	Tuesday, June 5 th	Wednesday, June 13 th	Thursday, June 14 th
Friday, June 22 nd	Friday, June 22 nd	Tuesday, June 12 th	Thursday, June 14 th	
		Thursday, June 14 th		

Alphabetically speaking

1. Alphabetically speaking, this is the last official US holiday.
2. Alphabetically speaking, this is the last of the original weapons in the board game Clue.
3. Alphabetically speaking, this is the first sport of the Summer Olympics.
4. Alphabetically speaking, this is the first US state capital.
5. Alphabetically speaking, this is the first of Santa's "eight tiny reindeer."

answers on page 4

Richmond County Aging Services

Water Aerobics Class

Held at the East Rockingham Park Pool

Beginning June 2018 – August 2018

One-time charge of **\$15.00**

Mondays & Thursdays

5:00 pm - 6:00 pm

Lifeguard on duty



Call Donna Luther East Rockingham Senior Center at 910-997-8332 to sign up. Must be at least 55 or older.

RICHMOND COUNTY AGING SERVICES

VETERAN'S LUNCH & LEARN

Sponsored by the AMVETS Chapter 316 Rockingham, NC 28379

THURSDAY, JUNE 28, 2018

11:00AM - 1:00PM

FREE EVENT



FREE EVENT

LOCATED AT
THE COLE AUDITORIUM

1042 West Hamlet Avenue, Hamlet, NC 28345

MUST BE 55 OR OLDER
REGISTER BY THURSDAY, JUNE 21ST
CALL 910-997-4491



Arthritis Class

The arthritis exercise class is a group exercise and education program designed to help reduce pain and stiffness due to arthritis, helps to maintain or improve mobility, helps with muscle strength and functional abilities of everyday tasks.

Location Name:

Ellerbe Senior Center

Address:

306 Millstone Rd.
Ellerbe, NC 28338

Class Dates :

May 14, 2018 - July 12, 2018
Mondays and Thursdays
1:00pm-2:00pm

Free Program.

Call for more information:
910-652-6006

Sponsored by :
Lumber River Council of
Governments

Richmond County 3rd Annual Older Adult and Family Caregiver Senior Symposium

What: Speakers will cover topics on Project, Family Caregivers, Medicare 101, Diabetes, Elder Abuse and more

When: June 14th 2018 from 8:00am to 4:00pm

A **Free** breakfast and lunch will be provided!

There will be drawings throughout the day for

DOOR PRIZES.

Sponsored by Richmond County Dept of Social Services,
Aging Services

and

Lumber River Council of Governments

To register call 997-4491.

Deadline to register is Thursday, June 7th .

Answers from page 3

1. Veterans Day
2. Wrench
3. Archery
4. Albany
5. Blitzen

Richmond County Aging Services

DURALAST 2 TON JACK

RAFFLE

Tickets: \$ 1 each or
6 tickets for \$ 5.00

All proceeds will go towards
senior center programs
and activities.

DRAWING HELD:

JUNE 29, 2018 3:00PM



\$ 80.00 value

call 910-997-4491

for more information.

 HAPPY
FATHER'S
DAY



Richmond County Aging Services

YARD SALE

SATURDAY, JUNE 23, 2018

7:00 AM - 2:00 PM

EAST ROCKINGHAM SENIOR CENTER/
135 SAFIE 6TH STREET, ROCKINGHAM



Hotdog Sale \$ 5.00 - 2 HOTDOGS
WITH TRIMMINGS,
FROM 9AM - 1PM CHIPS & DRINK.

All proceeds will benefit Aging Services' programs & activities. Call 910-997-4491 for more information.



Introducing

RICHMOND COUNTY AGING SERVICES

Alive after 55

SUPPER CLUB

LET'S GET TOGETHER FOR SUPPER

AND

ENJOY A NIGHT OUT WITH OTHER
SENIORS OVER 55 YEARS OLD.

Jerry's Diner
38 W. Main St.
Hamlet, NC 28345

THURSDAY,
JUNE 21ST
@ 6:00PM
RSVP BY 6/20/18
910-997-4491

This program is open to any senior who is looking for social support, friendship and great food. We will meet once a month on the 3rd Thursday at 6:00pm at a designated restaurant in Richmond County.

Reservations for Dinners will close 24 hours before actual event so the venue will know how many members to expect.

RSVP's are a must, call 910-997-4491

PAY- YOUR-OWN- WAY- MEAL.

PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,

A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.