

Richmond County Aging Services



Newsletter

225 South Lawrence Street
Rockingham, NC 28379

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Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)

October 2018

Richmond County Dementia Capable Action Team



Whether you are walking for friends, family, a person living with Alzheimer's, or to fight the nation's sixth-leading cause of death, we all have a reason to walk. Join our Have Fun Do Good end Alzheimer's Walk as we reclaim the future for millions.

Proceeds from the fundraiser will be distributed both locally and nationally. 80 % of the proceeds will help purchase items and services for Alzheimer's patients and caregivers in Richmond County. 20% of the proceeds will be donated to the Alzheimer's Association to help further research and the expansion of services to those in need nationwide.

Save the Date

1st Annual Alzheimer's Walk Fundraiser

SATURDAY, OCTOBER 20, 2018
10:00AM - 12:00PM

The Cole Auditorium, Hamlet NC

Register online at:

www.richmondnc.com/245/Aging-Services

For more information on joining us for this annual walk, please contact Jacqueline Welch, Executive Director of Richmond County Aging Services at 910-997-4491

Richmond County Dementia Capable Action Team

We are having a
FUNDRAISER NIGHT
at Smithfield's
Chicken 'N BBQ

Eat inside at
Smithfield's in Rockingham
and 20% of ALL inside sales will benefit
Richmond County's
Dementia Capable Action Team
which supports causes for local dementia
patients and their caregivers.

MONDAY, OCTOBER 29, 2018
5:00PM - 8:00PM

718 E. BROAD AVENUE
ROCKINGHAM, NC 28379



CALL RCAS AT
910-997-4491
FOR MORE INFORMATION.

Upcoming Trips

*Seating is limited on trips

Senior Center	Trip Location	Date	Time Leaving	Cost
Ellerbe	Robeson County Fair*	Wednesday, October 3 rd	10:30am	\$5.00
Ellerbe	Taylorsville Apple Trip *	Thursday, October 18 th	8:00am	\$5.00
East Rockingham	Maxton Campbell Soup Trip*	Tuesday, October 23 rd	9:30am	\$5.00
East Rockingham	Moore County Girls Day Out*	Tuesday, October 30 th	8:00am	Free

Upcoming Events

Event Name	Event Location	Date	Time
Alive after 55	Hudson Brothers Deli	Thursday, October 18 th	6:00pm
Alzheimer's Walk	Cole Auditorium	Saturday, October 20 th	10:00am-12:00pm
Autumn Antics	East Rockingham Senior Center	Thursday, October 25 th	2:00pm-4:00pm

Upcoming Closings

East Rockingham Senior Center	East Rockingham Meal Site	Ellerbe Senior Center/ Meal Site	Hamlet Meal Site	Rockingham Senior Center
		Wednesday, Oct. 3 rd	Wednesday, Oct. 10 th	
		Thursday, Oct. 18 th	Wednesday, Oct. 31 st	

Can you identify the television show from these memorable lines?

1. "You rang?"
2. "The trill of victory and the agony of defeat?"
3. "Who loves ya baby?"
4. "Kiss my grits?"
5. " You hear that Elizabeth? I'm coming to join you, honey?"

answers on page 4

Richmond County Dementia Capable Action Team

A dementia-friendly community...

- raises awareness of and develops respect and inclusion for people with dementia;
- has services and resources embedded in all areas of the community to ensure meaningful access to community and promote quality of life;
- supports and educates people with dementia, their care partners and families from diagnosis through disease progression; and
- promotes meaningful engagement in community life.



**Want to learn how you or a local business can become Dementia Friendly?
Call Jacqueline Welch at 910-997-4491**

It's time to evaluate your Medicare Prescription Drug Plan for 2019.
Medicare Annual Open Enrollment Period October 15-December 7
Changes will be effective Jan. 1, 2019.

**Call to schedule an appointment with a SHIP counselor today.
910-410-1135**



NC DEPARTMENT OF
INSURANCE
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM



RICHMOND COUNTY AGING SERVICES

Alive after 55

SUPPER CLUB

LET'S GET TOGETHER FOR SUPPER
AND
ENJOY A NIGHT OUT WITH OTHER
SENIORS OVER 55 YEARS OLD.

**Pattan's Downtown
Grille**
228 E. Washington St.
Rockingham, NC 28379

THURSDAY,
OCTOBER 18, 2018
@ 6:00PM
RSVP BY 10/17/18
910-997-4491

This program is open to any senior who is looking for social support, friendship and great food. We will meet once a month on the 3rd Thursday at 6:00pm at a designated restaurant in Richmond County.

Reservations for Dinners will close 24 hours before actual event so the venue will know how many members to expect. RSVP's are a must, call 910-997-4491

PAY- YOUR-OWN- WAY- MEAL.

*PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,
A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.*

1. The Addams Family; Lurch
2. Columbo; Columbo
3. Kojak; Kojak
4. Alice; Flo Castleberry
5. Sanford and Sons; Fred Sanford

Walk with Ease Class

- East Rockingham Senior Center
- Monday, Tuesday and Wednesday
- 10:00am -11:00am



Sponsored by :
Lumber River Council of Governments

Mark your Calendars

Autumn Antics Social
Thursday, October 25, 2018
East Rockingham
Senior Center
2:00pm-4:00pm



**RICHMOND COUNTY AGING SERVICES
FOR THE LOVE
OF ROCK** 2018
FUNDRAISER



\$10 EACH

**1ST PRIZE: 16 TON LOAD OF STONE* PROVIDED BY
VULCAN MATERIAL - * Riprap excluded
LOCAL** DELIVERY INCLUDED BY JAMES GRADING
& HAULING . \$ 550 VALUE**

** Outside of Richmond County may be subject to a hauling fee

**2ND PRIZE: SET OF 2 ROCKING CHAIRS.
\$ 310 VALUE**

**3RD PRIZE: PAIR OF RESERVED SEAT TICKETS TO
AN UPCOMING DEWITT SERIES PERFORMANCE AT
THE COLE AUDITORIUM.
\$ 90 VALUE**

DRAWING HELD:

DECEMBER 17, 2018 AT 3PM

WINNER NEED NOT BE PRESENT TO WIN.

THANK YOU FOR YOUR SUPPORT!

VULCAN MATERIALS COMPANY
JAMES GRADING AND HAULING
RICHMOND COUNTY

RICHMOND COMMUNITY COLLEGE-
THE COLE AUDITORIUM



**All proceeds go to help RC Aging Services
programs and activities.**