



# Newsletter

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Rockingham, NC 28379

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## November 2018

### Richmond County Aging Services 40<sup>th</sup> Annual Senior Christmas Party

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AT THE COLE AUDITORIUM IN HAMLET, N.C.

**Thursday, December 6, 2018**

**9:00am-12:00pm or 2:00pm- 5:00pm**

Entertainment + Door Prizes + Booths + Snacks

**Free Event**

**Must be at least 60 years old**

Call 910-997-4491 FOR MORE INFORMATION

Tickets will be available at your local senior center  
beginning Tuesday, November 13, 2018



### Flu Shots

Flu Shots available at East Rockingham Senior Center On Wednesday, Nov. 7, 2018 starting at 10:00am. Please bring photo I.D. and Medicare Card or Insurance card. For more information call 997-8332.



Don't forget to turn your clocks back one hour before going to bed Saturday, Nov. 3<sup>rd</sup>. It's also time to change batteries in your smoke detectors.

## Upcoming Trips

\*Seating is limited on trips

Senior Center	Trip Location	Date	Time Leaving	Cost
Ellerbe/East Rockingham	Bear Creek Southern Supreme*	Tuesday, Nov. 6 <sup>th</sup>	8:30am	\$5.00
Ellerbe	Maxton Campbell Soup*	Tuesday, Nov. 13 <sup>th</sup>	9:00am	\$5.00
East Rockingham	Moore County Girls Day Out*	Tuesday, Nov. 27 <sup>th</sup>	8:00am	Free

## Upcoming Events

Event Name	Event Location	Date	Time
Flu Shots	East Rockingham Senior Center	Wednesday, Nov. 7 <sup>th</sup>	10:00am-12:00pm
Alive After 55	La Cabana/Hamlet	Thursday, Nov. 15 <sup>th</sup>	6:00pm-8:00pm
40 <sup>th</sup> Senior Christmas Party	Cole Auditorium Hamlet	Thursday, Dec. 6 <sup>th</sup> Party A Party B	9:00am-12:00pm 2:00pm-5:00pm

## Upcoming Closings

East Rockingham Senior Center	East Rockingham Meal Site	Ellerbe Senior Center/ Meal Site	Hamlet Meal Site	Rockingham Senior Center
Tuesday, Nov. 6 <sup>th</sup>	Tuesday, Nov. 6 <sup>th</sup>	Tuesday, Nov. 6 <sup>th</sup>	Tuesday, Nov. 6 <sup>th</sup>	
Monday, Nov. 12 <sup>th</sup>	Monday, Nov. 12 <sup>th</sup>	Monday, Nov. 12 <sup>th</sup>	Monday, Nov. 12 <sup>th</sup>	Monday, Nov. 12 <sup>th</sup>
Wednesday, Nov. 14 <sup>th</sup> 10:30am-1:30pm	Wednesday, Nov. 14 <sup>th</sup>	Wednesday, Nov. 14 <sup>th</sup>	Wednesday, Nov. 14 <sup>th</sup>	Wednesday, Nov. 14 <sup>th</sup> 10:30am-1:30pm
			Friday, Nov. 16 <sup>th</sup>	
Thursday, Nov. 22 <sup>nd</sup>	Thursday, Nov. 22 <sup>nd</sup>	Thursday, Nov. 22 <sup>nd</sup>	Thursday, Nov. 22 <sup>nd</sup>	Thursday, Nov. 22 <sup>nd</sup>
Friday, Nov. 23 <sup>rd</sup>	Friday, Nov. 23 <sup>rd</sup>	Friday, Nov. 23 <sup>rd</sup>	Friday, Nov. 23 <sup>rd</sup>	Friday, Nov. 23 <sup>rd</sup>

### In the middle

Can you identify this list of famous people by their middle name?

1. Luther
2. Tyler
3. Allan
4. Jefferson
5. Washington

answers on page 4



Richmond County Dementia Capable Action Team

### **A dementia-friendly community...**

- raises awareness of and develops respect and inclusion for people with dementia;
- has services and resources embedded in all areas of the community to ensure meaningful access to community and promote quality of life;
- supports and educates people with dementia, their care partners and families from diagnosis through disease progression; and
- promotes meaningful engagement in community life.



**Want to learn how you or a local business can become Dementia Friendly?  
Call Jacqueline Welch at 910-997-4491**

It's time to evaluate your Medicare Prescription Drug Plan for 2019.  
Medicare Annual Open Enrollment Period October 15-December 7  
Changes will be effective Jan. 1, 2019.

**Call to schedule an appointment with a SHIP counselor today.  
910-410-1135**



NC DEPARTMENT OF  
**INSURANCE**  
SENIORS' HEALTH INSURANCE  
INFORMATION PROGRAM



RICHMOND COUNTY AGING SERVICES

# Alive after 55

SUPPER CLUB

LET'S GET TOGETHER FOR SUPPER  
AND  
ENJOY A NIGHT OUT WITH OTHER  
SENIORS OVER 55 YEARS OLD.

**La Cabana Mexican  
Restaurant**  
522 W. Hamlet Ave.  
Hamlet, N.C. 28345

THURSDAY,  
NOVEMBER 15, 2018  
@ 6:00PM  
RSVP BY 11/14/18  
910-997-4491

This program is open to any senior who is  
looking for social support, friendship and great food.  
We will meet once a month on the 3rd Thursday at 6:00pm  
at a designated restaurant in Richmond County.

Reservations for Dinners will close 24 hours before actual event  
so the venue will know how many members to expect.  
RSVP's are a must, call 910-997-4491

*PAY- YOUR-OWN- WAY- MEAL.*

*PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,  
A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.*

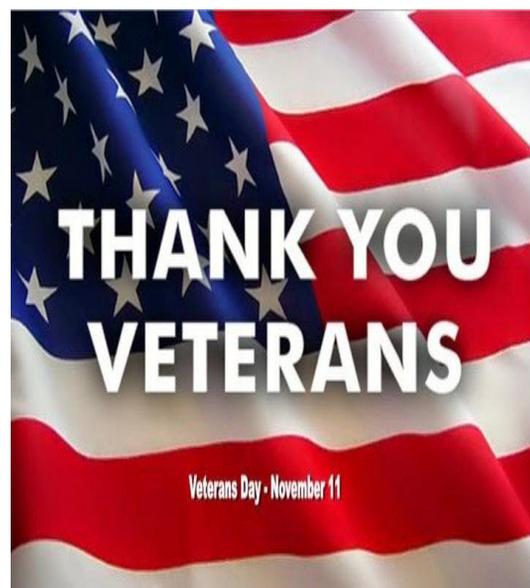
1. **Martin Luther King Jr.**
2. **Mary Tyler Moore**
3. **Edgar Allan Poe**
4. **William Jefferson Clinton**
5. **George Washington Carver**



Don't forget to cast your vote on  
Tuesday, November 6, 2018.

## Veterans Parade

The annual VFW Auxiliary Post 4203  
Parade will take place on Saturday, Nov.  
10, 2018 in uptown Rockingham. The  
parade will celebrate and honor the  
courageous service and sacrifice of the  
men and women veterans that have  
served this country. Aging Services Mini  
Van will be participating in this parade  
and have room for 4 veterans to ride.  
If interested please call 997-4491 .



**RICHMOND COUNTY AGING SERVICES  
FOR THE LOVE  
OF ROCK 2018  
FUNDRAISER**



**\$10** EACH

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**1ST PRIZE: 16 TON LOAD OF STONE\* PROVIDED BY  
VULCAN MATERIAL - \* Riprap excluded  
LOCAL\*\* DELIVERY INCLUDED BY JAMES GRADING  
& HAULING . \$ 550 VALUE**

\*\* Outside of Richmond County may be subject to a hauling fee

**2ND PRIZE: SET OF 2 ROCKING CHAIRS.  
\$ 310 VALUE**

**3RD PRIZE: PAIR OF RESERVED SEAT TICKETS TO  
AN UPCOMING DEWITT SERIES PERFORMANCE AT  
THE COLE AUDITORIUM.  
\$ 90 VALUE**

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**DRAWING HELD:**

**DECEMBER 17, 2018 AT 3PM**

***WINNER NEED NOT BE PRESENT TO WIN.***

**THANK YOU FOR YOUR SUPPORT!**

VULCAN MATERIALS COMPANY  
JAMES GRADING AND HAULING  
RICHMOND COUNTY

RICHMOND COMMUNITY COLLEGE-  
THE COLE AUDITORIUM



**All proceeds go to help RC Aging Services  
programs and activities.**