

Meal Site Menu

menu subject to change

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1. A-1 Chopped Steak, Rice Pilaf, Steamed Spinach, White Dinner Roll, Fresh Orange, Margarine, & Milk	2. Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Whole Wheat Bread, LD Oatmeal Cookie, & Milk	3. Submarine Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	4. Beef Teriyaki, Steamed Rice, Oriental Blend Vegetables, Orange-Tangerine Juice, White Dinner Roll, & Milk	5. Baked Pork Chop, Pork Gravy, Whipped Sweet Potatoes, Italian Green Beans, Fruit Punch Juice, White Dinner Roll, Pineapple Fluff, & Milk
8. Sliced Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Chocolate Chip Crème Pie, Margarine, & Milk	9. Hot Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	10. BBQ Chicken (Bone-In), Macaroni & Cheese, Lima Beans w/Red Peppers, Mandarin Oranges, White Bread, & Milk	11. Seafood Salad, Spinach Salad, Pineapple Tidbits, Green Pea Salad, Club Crackers, LD Fudge Round, & Milk	12. Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Pickles, Hamburger Bun, Mixed Berry Crisp, Ketchup, & Milk
15. Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, Yellow Mustard, & Milk	16. Chicken Milano, Green Peas, Fruit Punch Juice, Rye Bread, Spiced Peaches, Margarine, & Milk	17. Turkey Salad, Potato Salad, Copper Penny Salad, Whole Wheat Bread (2 slices), Applesauce, & Milk	18. Spaghetti w/Meat Sauce, Tossed Salad, Creamed & Whole Kernel Corn, White Dinner Roll, Orange-Tangerine Juice, Fat Free Ranch Dressing, & Milk	19. CLOSED
22. Sliced Roasted Turkey, Poultry Gravy, Smothered Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	23. Beef Taco Meat, Spanish Rice, Fiesta Vegetables, Green Garden Salad (1 cup), Tortilla Chips, Fresh Orange, Salad Dressing, & Milk	24. Sliced Ham, Boiled Egg, Grits, Orange-Tangerine Juice, Spiced Peaches, English Muffin, Jelly, & Milk	25. Beef Patty, Pepper & Onion Gravy, Sweet Potatoes, Country Cottage Blend, White Dinner Roll, Pineapple Tidbits, Margarine, & Milk	26. Pork Ribblett, BBQ Sauce, Mashed Potatoes, Chuckwagon Corn, Hamburger Bun, Cookies & Cream Fluff, Pickle Slices, & Milk
29. A-1 Chopped Steak, Rice Pilaf, Steamed Spinach, White Dinner Roll, Fresh Orange, Margarine, & Milk	30. Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Whole Wheat Bread, LD Oatmeal Cookie, & Milk		Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.