



Newsletter

225 South Lawrence Street
Rockingham, NC 28379

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Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/agingisgood)

May 2019

Water Aerobics Class

East Rockingham Senior Center- Call to register: 910-997-8332
Beginning in June until August
One-time charge of \$15

Mondays & Thursdays

5:00pm – 6:00pm



Need at least 10 participants to make the class.
Lifeguard will be on duty.

Yard Sale

Donations Needed

Richmond County Aging Services/
Senior Centers are having their
2nd Annual Yard Sale
Saturday, June 22, 2019.

If you or someone you know have
any new or slightly used items they
would like to donate please call
997-4491 to arrange a time and
place for us to collect them.

So let's get those garages, attics
and closets cleaned out and find
lots of hidden treasures
for us to sell.

Did you know?

Our newsletter, monthly
activity calendars and meal site
menus are available on-line at
www.richmondnc.com/245/aging-services and on our
Facebook page @agingisgood

Also, you can find resources
about Dementia and
Alzheimer's on the Facebook
page called: Dementia Friendly
Richmond County NC



>> Give us a LIKE <<

Sponsored by
Richmond County
Aging Services,
McKinney Fish
Hatchery and Ducks
Unlimited



Fishing Trip

Friday, May 17th
8:30am-1:30pm

Call 997-4491 to register by
Monday, May 13th
Lunch will be provided.

Please bring your own Fishing Pole
and Bait.

Must be at least
55 years old

McKinney Fish Hatchery,
220 McKinney Lake Rd.
Hoffman, NC 28347

Lunch provided
by United
Health Care
and Simple Life
Planning

Worms provided
by Glenn's Bait
and Tackle

Porta Potty
provided by
Shorty's Septic
Tank Service

See your senior center director for pick up location

Age=55& up

Upcoming Trips

*Seating is limited on trips

| Trip Location | Date | Time Leaving | Cost |
|--|------------------------------------|--|--|
| *Unilever Raeford, NC | Wednesday, May 1 st | Leaving your assigned Center at 7:00am | \$3.00 |
| *Ocean Isle Beach Ocean Isle, NC | Tuesday, May 14 th | Leaving your assigned Center at 7:00am | \$5.00 |
| *Fishing Trip McKinney Fish Hatchery Hoffman, NC | Friday, May 17 th | Leaving your assigned Center at 8:00am | \$3.00 if riding the van |
| *Depot at Gibson Mill & Lunch Concord, NC | Thursday, May 23 rd | Leaving your assigned Center at 7:30am | \$5.00 |
| *Celebrity Dairy Siler City, NC | Wednesday, May 29 th | Leaving your assigned Center at 10:30am | \$25.00 includes lunch & dessert, tour, transportation & gratuity |

Upcoming Events

| Event Name | Event Location | Date | Time |
|-------------------------------|------------------------------------|--------------------------------|--|
| Legal Aid | East Rockingham Senior Center | Monday, May 20 th | 11:45am Call Donna for more information 910-997-8332 |
| Alive After 55 Supper Club | Captain George's Rockingham, NC | Thursday, May 16 th | 6:00pm-8:00pm |

Upcoming Closings

| East Rockingham Senior Center | East Rockingham Meal Site | Ellerbe Senior Center/ Meal Site | Hamlet Meal Site | Rockingham Senior Center |
|-------------------------------------|----------------------------------|--|-----------------------------------|---------------------------------|
| Monday, May 13 th | Monday, May 13 th | | Wednesday, May 8 th | |
| Tuesday, May 14 th | Tuesday, May 14 th | Tuesday, May 14 th | Tuesday, May 14 th | |
| Monday, May 27 th | Monday, May 27 th | Monday, May 27 th | Monday, May 27 th | Monday, May 27 th |



A 300-Acre Farm in Rural Chatham County NC

Gloria – the spokes-goat – would like to invite you to Celebrity Dairy. Once there Gloria welcomes you to treat yourself to a mid-day lunch made of local seasonal foods combined with a tour of the B&B Inn and dairy farm where you'll meet her chorus line of "hoofers" at the Goat Hilton when they assemble for twice daily milking.

Lunch features Celebrity Dairy cheese & crackers, iced tea, lemon chicken with white and dark meat, garlic mashed potatoes, salad with house made dressing, biscuits and jam and for dessert brownies with goats milk gelato.

Leaving promptly from the HSC at 10:30am and will be leaving the creamery at 2:45/3pm to return to the HSC.

A **minimum** of 15 people must sign up in order for this trip to make. **Deadline to sign up is Monday, May 20.** (Trip cost is \$25 per person.)

This trip is being offered in collaboration with the Hamlet Senior Center.

Memorial Donation

Richmond County Aging Services raise funds throughout the year and many times people will ask how they can help.

There are multiple ways, but one of the most important is very uncomfortable to talk about. Please consider speaking with your families about memorial contributions to Richmond County Aging Services as a way of remembering you.

For so many of you this is your home away from home and sometimes families don't realize that. Memorial contributions help the senior center in so many ways including helping those in need, supplementing the meal program, entertainment and even the daily expenses of the senior center.

If you have questions, please give us a call at 910-997-4491.



RICHMOND COUNTY AGING SERVICES

Alive after 55

SUPPER CLUB

LET'S GET TOGETHER FOR SUPPER
AND
ENJOY A NIGHT OUT WITH OTHER
SENIORS OVER 55 YEARS OLD.

Captain George's
522 East Broad Ave.
Rockingham, NC 28379

THURSDAY,
MAY 16, 2019
@ 6:00PM
RSVP BY 5/15/2019
910-997-4491

This program is open to any senior who is looking for social support, friendship and great food. We will meet once a month on the 3rd Thursday at 6:00pm at a designated restaurant in Richmond County.

Reservations for Dinners will close 24 hours before actual event so the venue will know how many members to expect.
RSVP's are a must, call 910-997-4491

PAY- YOUR-OWN- WAY- MEAL.

**PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,
A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.**

? Field Trip Thoughts: Would you be interested in taking a day field trip to Carowinds in Charlotte, NC?. COSTS: Group tickets are \$ 37.69 each plus tax, \$ 5.00 bus fee and your food costs. Let us know what you think at 910-997-4491! =)