

# Richmond County Aging Services



# Newsletter

225 South Lawrence Street  
Rockingham, NC 28379

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Email: [agingservices@richmondnc.com](mailto:agingservices@richmondnc.com)

Webpage: [www.richmondnc.com](http://www.richmondnc.com)

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)

## June 2019



Richmond County Aging Services

# YARD SALE

**SATURDAY, JUNE 22, 2019**

7:00 AM - 2:00 PM

EAST ROCKINGHAM SENIOR CENTER/  
135 SAFIE 6TH STREET, ROCKINGHAM

WITH A  
SPECIAL TABLE  
SET UP TO RAISE  
FUNDS FOR THE  
2019  
ALZHEIMER'S  
WALK



## Hotdog Sale

FROM 8AM - 2PM

\$ 5.00 - 2 HOTDOGS  
WITH TRIMMINGS,  
CHIPS & DRINK.

>> INDOOR YARD SALE - CASH ONLY <<

All remaining proceeds will benefit Aging Services' programs & activities.  
Call 910-997-4491 for more information.

RICHMOND COUNTY AGING SERVICES

## VETERAN'S BREAKFAST & LEARN

THURSDAY, JUNE 27, 2019

9:00AM-11:00AM

FREE EVENT



FREE EVENT

LOCATED AT

THE COLE AUDITORIUM

1042 West Hamlet Avenue, Hamlet, NC 28345

MUST BE 55 OR OLDER

REGISTER BY THURSDAY, JUNE 20TH

CALL 910-997-4491



### Winner Announced

THANK YOU to everyone  
that participated in our  
TV Raffle.

Tickets sold: 906

Money raised: \$ 1,517.00

WINNER: Clyde Smith, Sr.



Thank you to Area of  
Richmond Transit for  
donating the TV. 1

## See your senior center director for pick up location

**Age=55& up**

### Upcoming Trips

\*Seating is limited on trips

<b>Trip Location</b>	<b>Date</b>	<b>Time Leaving</b>	<b>Cost</b>
*Shopping and Lunch Albemarle, NC	Tuesday, June 4 <sup>th</sup>	Leaving your assigned senior center@ 8:00am	\$3.00
*Girls Day Out Southern Pines, NC	Wednesday, June 19 <sup>th</sup>	Leaving East Rockingham Senior Center @ 8:30am	\$3.00

### Upcoming Events

<b>Event Name</b>	<b>Event Location</b>	<b>Date</b>	<b>Time</b>
Spring Fling	Rockingham Senior Center/Rockingham Fire Dept. Bay	Thursday, June 6 <sup>th</sup>	11:00am-1:00pm
Senior Symposium	Cole Auditorium Hamlet, NC	Thursday, June 13 <sup>th</sup>	8:00am-9:00am registration 9:00am-5:00pm symposium
Alive after 55 Supper Club	Peking Wok Rockingham, NC	Thursday, June 20 <sup>th</sup>	6:00pm-8:00pm
Indoor Yard Sale	East Rockingham Senior Center	Saturday, June 22 <sup>nd</sup>	7:00am-2:00pm
Veteran' Breakfast	Cole Auditorium Hamlet, NC	Thursday, June 27 <sup>th</sup>	9:00am-11:00am

### Upcoming Closings

<b>East Rockingham Senior Center</b>	<b>East Rockingha m Meal Site</b>	<b>Ellerbe Senior Center/ Meal Site</b>	<b>Hamlet Meal Site</b>	<b>Rockingham Senior Center</b>
Thursday, June 6 <sup>th</sup> 9:00am-1:30pm	Thursday, June 6 <sup>th</sup>	Thursday, June 6 <sup>th</sup>	Thursday, June 6 <sup>th</sup>	
Thursday, June 13 <sup>th</sup>	Thursday, June 13 <sup>th</sup>	Thursday, June 13 <sup>th</sup>	Wed. June 12 <sup>th</sup> & Thursday, June 13 <sup>th</sup>	Thursday, June 13 <sup>th</sup>
Thursday, June 20 <sup>th</sup>	Thursday, June 20 <sup>th</sup>	Thursday, June 20 <sup>th</sup>	Thursday, June 20 <sup>th</sup>	
Friday, June 21 <sup>st</sup>	Friday, June 21 <sup>st</sup>	Friday, June 21 <sup>st</sup>	Friday, June 21 <sup>st</sup>	

# Refresh your driving skills with the AARP SMART DRIVER COURSE!



## YOU WILL LEARN:

- Defensive driving techniques
- Proven safety strategies
- New traffic laws and rules of the road

Plus there are no tests to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance.\*

Date: Wednesday, July 24, 2019

Time: 10:00am - 2:30pm

Location: The Cole Auditorium  
1042 W. Hamlet Avenue  
Hamlet, NC 28345

Register: Call 910-997-4491

## CLASSROOM COURSE:

- \$ 15 for AARP Members
- \$ 20 for non-members

For more information visit [www.aarp.org/drive](http://www.aarp.org/drive)

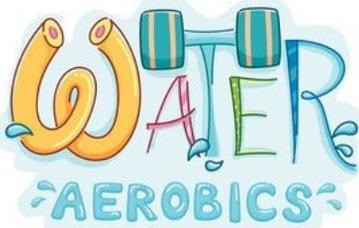


### Driver Safety

**TOYOTA**

This program is supported by a generous grant from Toyota to AARP Foundation.

\* Upon completion you may be eligible to receive an auto insurance discount. Other restriction may apply. Consult your agent for details.



Richmond County Aging Services and Hamlet Senior Center

## Spring Fling Social

Sponsored by Carolina Hearts Home Care

Thursday, June 6<sup>th</sup>  
11:00am-1:00pm



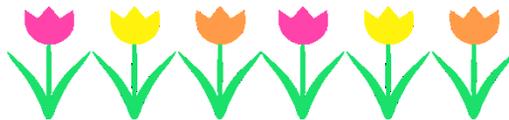
Water Aerobics Class  
East Rockingham Senior Center

Located at the Rockingham Senior Center  
Lunch will be served in the bay of the  
Rockingham Fire Dept. beside the center.

Call to register 910-997-8332

Games & Door Prizes - Free Event - Seniors 55+

Beginning in June till August  
One time charge of \$15



Monday's & Thursday's  
5:00pm-6:00pm

Call 997-4491 to RSVP by June 5<sup>th</sup>

Must have at least 10 participants to make the class.  
**Lifeguard will be on duty.**

# HAPPY FATHER'S DAY!

**SOCIAL/RECREATIONAL SERVICES**

Realizing the importance of social interaction and physical activity to the vitality of all people, Richmond County Aging Services places special emphasis on this. Some of the social and recreational activities hosted by the Center(s) include:

- Health Screenings
- Fitness and health promotions
- Insurance counseling
- Tax preparation counseling
- Legal Services
- General Transportation
- Medical Transportation
- Support groups or classes for caregivers
- Housing assistance
- Reverse mortgage counseling
- Home repair/modification
- Home health services
- In-home aide services
- Medicaid benefits
- Medicare parts A /B
- Medicare part D
- Social Security benefits
- Job training
- Job placement
- Congregate meals
- Home-delivered meals
- Adult day-care/day health
- Mental health
- Disaster-preparedness, planning or response
- Durable medical equipment/ assistive devices
- Hospice care
- Long-term care facilities
- Rehabilitation services
- Report suspected abuse, neglect or exploitation
- Respite
- Senior Games
- Telephone reassurance
- Energy assistance
- Food distribution

Call 910-997-4491 for more information.

**Senior Fishing Day 5/17/19-**

We would like to say **THANK YOU** to McKinney Fish Hatchery, Richmond County Ducks Unlimited, Shorty’s Septic Tank Services, United Health Care, Simple Life Planning, Glenn’s Bait & Tackle for sponsoring our 2<sup>nd</sup> Annual Senior Fishing Day. We had 41 seniors to participate and enjoy a great day of fishing, food and fellowship.



RICHMOND COUNTY AGING SERVICES

**Alive after 55**

SUPPER CLUB

LET’S GET TOGETHER FOR SUPPER

AND

ENJOY A NIGHT OUT WITH OTHER SENIORS OVER 55 YEARS OLD.

**Peking Wok Restaurant**  
**722 E. 74 Hwy.**  
**Rockingham, NC 28379**

THURSDAY,  
 JUNE 20, 2019  
 @ 6:00PM  
**RSVP BY 6/19/2019**  
**910-997-4491**

This program is open to any senior who is looking for social support, friendship and great food. We will meet once a month on the 3rd Thursday at 6:00pm at a designated restaurant in Richmond County.

Reservations for Dinners will close 24 hours before actual event so the venue will know how many members to expect. **RSVP’s are a must, call 910-997-4491**

*PAY- YOUR-OWN- WAY- MEAL.*

*PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY, A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.*



**Please see your senior center director to view the shirt design and place an order.**

This is a collaborative Fundraiser between Richmond County Aging Services and the Hamlet Senior Center. Funds raised from these T-shirts will go towards senior center programs and activities for Richmond County Aging Services and the Hamlet Senior Center.