



Newsletter

225 South Lawrence Street
Rockingham, NC 28379

Phone: 910-997-4491
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Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)

November 2019

Richmond County Aging Services

41st Annual Senior Christmas Party

at the Cole Auditorium in Hamlet, NC

Tickets will be available at
your local senior center

BEGINNING
TUES. NOV. 12, 2019

FREE Event

Thursday 12-12-19



Only 1,200 tickets printed
Must be at least 60 years old
Call 910-997-4491 for more details



Lirosia Nell Wall

Richmond County Aging Services would like to welcome Lirosia Wall to our office.

Lirosia is a Richmond County Native and graduated from Richmond Senior in 1987. She graduated with a Bachelor of Social Work from UNCP.

Lirosia started with the County in 2009 where she served as a Foster Care Social Worker before coming to Aging Services to work as a Social Worker for our seniors.

Contact information:

Lirosia.wall@richmondnc.com
or 997-8439.

Upcoming Closings

East Rockingham Senior Center and Meal Site

Tues. Nov. 5th; Mon. Nov. 11th; Thurs. Nov. 28 and Fri. Nov. 29th

Ellerbe Senior Center and Meal Site

Tues. Nov. 5th; Mon. Nov. 11th; Thurs. Nov. 28 and Fri. Nov. 29th

Hamlet Meal Site

Tues. Nov. 5th; Mon. Nov. 11th; Wed. Nov. 13th; Thurs. Nov. 28 and Fri. Nov. 29th

Rockingham Senior Center

Mon. Nov. 11th; Thurs. Nov. 28 and Fri. Nov. 29th

Senior Center Field Trips

Date: Tuesday, November 5th

Fruitcake Factory

Location: Bear Creek, NC

Time: Leaving your assigned center at 8:00am

Cost: \$ 5.00 (transportation)

Deadline: Monday, November 5th

Date: Tuesday, November 12th

Girls Day Out

Location: Southern Pines, NC

Time: Leaving East Rockingham SC at 8:00am

Cost: \$ 0.00 (transportation is on your own)

Deadline: Friday, November 8th

Date: Wednesday, November 20th

Campbell Soup

Location: Maxton, NC

Time: Leaving East Rockingham SC at 9:30am

Cost: \$ 3.00 (transportation)

Deadline: Friday, November 15th

Date: Tuesday, December 3rd

A Christmas Carol Morning Matinees

Location: Winston Salem, NC

Time: Leaving Rockingham SC at 8:00am

Cost: \$ 20.00 (ticket and transportation)

Hurry, only 16 tickets are available.

See page 6 of the Newsletter for more details.

Deadline: Monday , November 25th

Date: Monday, December 9th

Hamrick's Shopping Trip

Location: Winston Salem, NC

Time: Leaving Rockingham SC at 8:00am

Cost: \$ 5.00 (transportation)

Deadline: Monday, December 2nd

Trip Policy

- Please read and sign the Trip Policy in its entirety with your senior center representative for complete details of Trip Policy.
- Must be at least 55 years old and up to attend.
- Seating is limited. (first come, first serve basis.)

Trip Policy continued

- Payment for the trip MUST BE MADE at the time of registration. We will not reserve any seats without payment.
- PAYMENTS WILL NOT BE RECEIVED THE DAY OF THE TRIP UNLESS SOMEONE HAS CANCELLED AND YOU ARE TAKING THEIR PLACE. Please make checks payable to: RCAS.
- Please arrive 15 minutes before the bus is scheduled to depart so it can be loaded and ready to leave on schedule .
- If the trip is full, your name and phone number can be placed on a waiting list if you request that option. (first come, first serve basis)
- Transportation refunds will be made only if you call the center and cancel your reservation three (3) working days before the trip.

Upcoming Special Events

Date: Tuesday, November 12th

1st Annual Dementia Friendly Celebration

Location: Cole Auditorium, Hamlet, NC

Time: 9:30am – 1:00pm

Cost: FREE and lunch will be provided

Register by Nov. 7th by calling (910) 997-4491

Date: Thursday, November 20th

Alive After 55 Supper Club

Location: La Cabana Mexican Restaurant, Hamlet, NC

Time: 6:00pm – 8:00pm

Cost of meal is on your own.

Date: Thursday, December 12th

41st Annual Senior Christmas Party

Location: Cole Auditorium, Hamlet, NC

Time: 9:00am – 12:00pm or 2:00pm – 5:00pm

Cost: FREE Event- Get your Tickets from your local senior center beginning 11/12/19 while they last, only 1,200 tickets available.

RICHMOND COUNTY AGING SERVICES
**FOR THE LOVE
 OF ROCK**



FUNDRAISER - 2019 \$10 EACH



1ST PRIZE 18 ton load of stone* provided by
 Vulcan Material-Local** delivery included by
 James Grading & Hauling. \$ 767 value
 * Riprap excluded
 ** Outside of Richmond County may be subject to a hauling fee

2ND PRIZE Pair of 2 rocking chairs. \$ 310 value

3RD PRIZE Pair of reserved seat tickets to the "The
 Wonderful Wizard of Song" Show at the
 Cole Auditorium. \$ 90 value



**DRAWING HELD:
 MONDAY, DECEMBER 16, 2019 AT 3PM
 WINNER NEED NOT BE PRESENT TO WIN.**

Thank you for your support!

Vulcan Materials Company
 James Grading and Hauling
 Richmond County Government
 Richmond Community College- The Cole Auditorium

only 250 tickets
 printed



All proceeds go to help RC Aging Services
 programs and activities.



RICHMOND COUNTY AGING SERVICES

Alive after 55

SUPPER CLUB



LET'S GET TOGETHER FOR SUPPER

AND

ENJOY A NIGHT OUT WITH OTHER
 SENIORS OVER 55 YEARS OLD.

La Cabana
522 W. Hamlet Ave.
Hamlet, NC 28345

THURSDAY,
NOV. 21, 2019
@ 6:00PM
RSVP BY 11/20/19
910-997-4491

This program is open to any senior who is
 looking for social support, friendship and great food.
 We will meet once a month on the 3rd Thursday at 6:00pm
 at a designated restaurant in Richmond County.

**Reservations for Dinners will close 24 hours before actual event
 so the venue will know how many members to expect.**
RSVP's are a must, call 910-997-4491

PAY- YOUR-OWN- WAY- MEAL.

PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,

A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.



NC DEPARTMENT OF
INSURANCE
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM

It's time to evaluate your
Medicare Drug Plan for 2020.

Medicare Annual Open
Enrollment Period is
Oct. 15 - Dec. 7.

Changes will be effective
Jan. 1, 2020.

Call to schedule an
appointment with your SHIP
counselor today.

910-410-1135



Canned Food Drive

Beginning Tuesday,
November 12th

For each UNEXPIRED item you
bring, you will be entered to win a
\$ 50.00 gift card to Wal-Mart.

Donations will be accepted at
your local senior center during
their normal business hours or
you can bring your items to the
Senior Christmas Party at the Cole
on 12/12/19.



4th Annual Veterans Day Parade

Everyone please join in honoring our
Veterans with the
4th Annual Veterans Day Parade
Saturday, November 9th.

The opening ceremony will be at 2:30pm
on the steps of The Old Courthouse.

The parade will immediately follow the
route through Downtown Rockingham
with "The All Veterans Jumpteam" to jump
at the end of the Parade.

Everyone please come out and support
our Veterans.

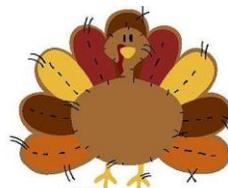


FALL BACK

Don't forget to turn your clocks back
one hour before going to bed on
Saturday, November 2, 2019

&

Replace the batteries in your
smoke alarms



Happy Thanksgiving

2nd Annual Alzheimer's Walk

On behalf of Richmond County Aging Services(RCAS) and the Richmond County Dementia Capable Action Team (RCDCAT), we would like to say THANK YOU!

Thanks to dedicated supporters like you, we met our \$8,000 goal in honor of the more than 5 million Americans facing this disease. Your gift will help further the RCDCAT's mission *to empower, educate and engage individuals with dementia, their caregivers and businesses to create a community that is ready and willing to serve those with dementia and their families* and the Alzheimer's Association's *mission to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health*. If you were unable to give Saturday, you can still donate by calling (910) 997-4491 or placing your donation in the mail at 225 South Lawrence Street, Rockingham, NC 28379 c/o Jacqueline Welch.

Proceeds from the 2019 fundraiser will be distributed both locally and nationally. 65 % of the proceeds will help purchase items and services for Alzheimer's patients and caregivers in Richmond County. Some of which include; door alarms, wheelchair ramps, respite care and safety modifications in patient homes. 35% of the proceeds will be donated to the Alzheimer's Association to help further research and the expansion of services to those in need nationwide.

If you know anyone who may be in need of any of the services or programs listed above, please contact our office at (910) 997-4491 or visit <http://www.richmondnc.com/340/Apply-for-Services> to apply for services or send a "Contact Us" message.

Lead Sponsors

Carolina Hearts Home Care
Grace Hospice Foundation/ Community Home Care and
Hospice
Edward Jones Investments of Rockingham
Cascades
Lumber River Council of Governments

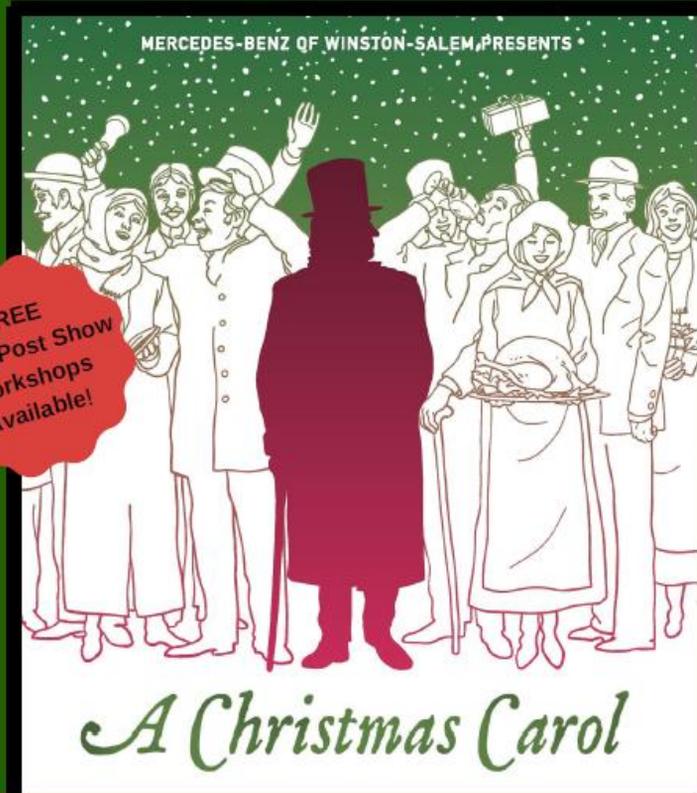
Co-Sponsors

Zipp Transportation LLC	Classic Apparel
Godfather's Pizza	Griffin Nissan
Family Pharmacy	Bobby's Furniture
Medical Center Pharmacy/ Medical Park Pharmacy W.N. Cleveland, D.D.S VonDrehle	Richmond County Human Services: Health Department, Department of Social Services and Richmond County Aging Services
Burlington Industries	
Richmond County Hospice	
Superior Cranes, Inc	
Simply Medical Supply	

Friend Sponsors

Dairy Queen of Rockingham
Richmond County Government
Double H Farms of Ellerbe
The Berry Patch
Edwards IGA, Inc
Triple Lady/ Don Bryant
Rockingham Paint and Glass
Sheila Brosier
Craven Collison Center
R.L. Dobbins Insurance
Area of Richmond Transit
Gifts 4 All Seasons
Sheila Trotter
Griffin Chrysler Dodge
Richmond County Rescue
Squad
Linda Taylor
Chris and Amy Yaklin
The City of Hamlet
AmVets Post 316
Richmond County Sheriff's
Department

TRIAD STAGE PRESENTS



FREE
Pre & Post Show
Workshops
Available!

TRIAD
STAGE

MORNING MATINEES

Hanesbrands Theatre in Winston-Salem
December 3-6

Tuesday, December 3rd

Content & Length:

Celebrate the season. Scrooge and the Spirits are headed back for a holiday ghost story of hope and redemption. One night changes everything as the shadows of his past give Ebenezer one last chance for a future. Thrill to the chills and give in to the joy of *A Christmas Carol*.

A Christmas Carol is recommended for all audiences 4th grade and up.

If you have questions about specifics, please contact the Triad Stage Learning Director, Dani Keil, at dani@triadstage.org.

See page 2 of the Newsletter for Trip Details.