

East Rockingham Senior Center

135 Safie 6th Street ; Rockingham, NC 28379

(910) 997-8332

December 2019

NC Senior Center of Excellence

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN DANCE	3 CV practice 1:00pm	4 Christmas trivia	5 Color me calm 1:00pm \$Art class 1:30pm	6 Hand wax therapy 12:00pm
9 CHICKEN DANCE	10 CV practice 1:00pm	11 Christmas Cookies!!	12 41 st Annual Senior Citizens Christmas Party	13 Special BINGO
16 CHICKEN DANCE CHICKEN DANCE	17 CV practice 1:00pm	18 Last Day for Meal Site	19 Party time☺11:00am---	20 CLOSED
23 CLOSED	24 CLOSED	25 CLOSED MERRY CHRISTMAS	26 CLOSED	27 CLOSED
30 CLOSED	31 CLOSED	1/1/2020 CLOSED		<u>LEGEND</u> CV=chair volleyball BP's=blood pressure check TCJ of ER=The Crown Jewels of E. R'ham \$=fee-based activity

Ellerbe Senior Center
 306 Millstone Road, Ellerbe, NC 28338
 910-652-6006

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bingo 12:15 pm with Richmond County Hospice	3 Chair Exercises 10:30am	4 Volleyball Practice 10:00am	5 Bingo 12:15pm with Richmond Pines	6 Aggravation 12:15pm
9 Bingo 12:15pm with Humana	10 Chair Exercises 10:30am	11 Volleyball Practice 10:00am	12 CLOSED Senior Christmas Party Cole Auditorium	13 Aggravation 12:15pm
16 Bingo 12:15pm with United Health Care	17 Chair Exercises 10:30am	18 Volleyball Practice 10:00am	19 Center Christmas Party	20 No Meals Contract Rummy 12:15pm
23 NO Meals Various Board Games	24 CLOSED	25 CLOSED Merry Christmas	26 CLOSED	27 CLOSED
30 CLOSED	31 CLOSED	1-1-20 CLOSED Happy New Year		

Rockingham Senior Center

225 South Lawrence St. Rockingham, NC 28379
910-997-4491

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only	3 *\$Winston Salem Matinee 8:00am Exercise Room & Computer Lab 7:30am- 5:30pm SHIIP- by appt. only	4 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only Paraffin Hand Wax 7:30am-5:00pm	5 Exercise Room & Computer Lab 7:30am- 5:30pm	6 Exercise Room & Computer Lab 7:30am-5:30pm
9 *\$ Winston Salem Shopping Trip 8:00am Exercise Room & Computer Lab 7:30am-5:30pm	10 Exercise Room & Computer Lab 7:30am- 5:30pm	11 CLOSED	12 CLOSED Senior Christmas Party	13 Exercise Room & Computer Lab 8:00am-5:00pm
16 Exercise Room & Computer Lab 7:30am-5:30pm	17 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only	18 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP-by appt. only Paraffin Hand Wax 7:30am-5:00pm	19 Exercise Room & Computer Lab 7:30am-5:30pm Alive after 55-cancelled for December	20 Exercise Room & Computer Lab 8:00am-5:00pm
23 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only	24 CLOSED Christmas Eve	25 CLOSED Merry Christmas	26 CLOSED	27 Exercise Room & Computer Lab 8:00am-5:00pm
30 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only	31 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only	1-1-20 CLOSED Happy New Year	Legend: \$= Fee for Program/Activity *Seating is limited Appt.=Appointment	Legend: SHIIP= Senior Health Insurance Information Program 410-1135 for an appt.