



Newsletter

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May 2020

IMPORTANT ANNOUNCEMENT

Richmond County Aging Services is CLOSED to all participants.

This includes the East Rockingham, Rockingham and Ellerbe Senior Centers and the East Rockingham, Ellerbe and Hamlet Meal Sites. Services such as In Home Aide, Home Delivered Meals, Adult DSS Assistance Program and SHIP Counseling are still operating with some modifications.

Staff is responding to calls and requests to meet basic needs.

Re-opening will be announced via website, Facebook, email and voice calls.

If you have a question about a particular service please give us a call at (910) 997-4491.

Please Don't Litter- Help Keep Your Community Clean



Everyone knows that litter creates an eyesore and an image problem. But littering is not only ugly, it can be dangerous. It harms the environment. It endangers wildlife and animal habitats. It hurts economic development and creates a public safety hazard. Motorists who swerve to avoid debris in the road risk losing control of their vehicle. Litter and debris blowing from unsecured loads on trucks can strike other vehicles, obscure a driver's vision, damage vehicles and even injure drivers. Littering is against the law.

Don't Litter continued from page 1

When a law enforcement officer spots a litterer in action they could be fined up to \$1,000 for the first offense and up to \$2,000 for the second offense. Also, upon a finding of guilt, the driver can receive a penalty of one point on his/her driver's license.

Litter is a costly problem. Cleaning litter from North Carolina's roadsides costs taxpayers millions of dollars each year. In 2015, the State of North Carolina spent more than \$15 million cleaning up seven million pounds of roadside trash. Countless volunteers and civic groups worked alongside busy highways, country roads and waterways to pick up litter. Also, cigarette butts are considered litter and are not readily biodegradable.

There are many things you can do to combat the growing litter problem, but the easiest way to help is to set a good example for others by not littering.

Here are some ways you can make a difference:

- Teach young people not to litter.
- Cover truck and trailer beds when transporting trash or other loose items.
- Carry and use a litter bag in your vehicle
- Report litterbugs when you see them to the [NCDOT Swat-A-Litterbug program](http://www.ncdot.gov/swat-a-litterbug)

For more information visit:

<http://www.richmondnc.com/181/Solid-Waste-Recycling>

<https://www.ncdps.gov/dps-services/crime-prevention/litter-free-nc>

Richmond County's Trash Pick-up Facts

JANUARY 2020 - MARCH 2020

Bags of Trash Filled

1,181

Tires Collected

134

Citations
Issued

2

Warning Notices
Issued

4

Illegal Dump Sites

Reported

6

Investigated

6

Have Concerns?

Please contact our Solid Waste Enforcement Officer Mr. Allen Hodges at 997-8215.



SENIOR GAMES

& SILVERARTS OF
RICHMOND COUNTY, NC

Is being postponed for the time being.
As soon as a new schedule is announced,
we will let you know.

Thank you for your patience.

Call the Hamlet Senior Center at
(910) 582-7985 with questions.

2020 CENSUS

The 2020 Census is happening now.

You can now respond online, by phone, or by mail.

1

Complete By Computer

Visit www.2020Census.gov to complete your census. You will come to a screen that says Shape your future.

Click on the Respond button and follow the prompts.

2

Complete By Phone

You have the option of completing the questionnaire by phone.

To begin, call 844-330-2020 or for Spanish call 844-468-2020.

Hours of Operation are 7:00am - 2:00am est

3

Complete By Mail

Most households received their invitation to respond to the 2020 Census between March 12 - 20. These official Census Bureau mailings will include detailed information and a Census ID for completing the census online. During this time, homes in areas that are less likely to respond online will receive a paper questionnaire.

All homes will receive a paper questionnaire if they do not first respond online or by phone. When responding, use blue or black ink to fill in the questionnaire. Do not use a pencil.

\$

Respond to help shape the future.

Responding to the 2020 Census helps communities get the funding they need and helps business make data-driven decisions that grow the economy. Census data impacts our daily lives, informing important decisions about funding for services and infrastructure in our community, including health care, senior centers, jobs, political representation, roads, schools and businesses.

More than \$675 billion in federal funding flows back to states and local communities each year based on census data.



MAKE A DIFFERENCE!

Donate Today.
(910) 997-4491

- Diet Coke
- Toiletries
- Boxed Fans
- Washable Masks
- Hand Sanitizer
- Cases of Water
- Adult Diapers/ Pull-ups
- Activities and Games
- Easy to open microwaveable food items
- Bread
- Fresh fruit
- Canned Fruit or Fruit Cups
- Crackers
- Cereal
- Fresh Vegetables
- Eggs
- Milk
- Oatmeal packets
- Grit Packets
- Pop top Soups
- Toilet Paper
- Paper Towels
- Bleach or any cleaning supplies
- Cat Food
- Dog Food
- \$\$ Monetary Donations

RICHMOND COUNTY AGING SERVICES

MEALS ON WHEELS

T-Shirt Design Contest!

Richmond County Aging Services will be selling Meals on Wheels shirts for 2020. Proceeds from shirt sales will help to expand the program by serving more seniors. We want the shirt to be designed by one of our very talented community members! We are looking for a design that captures the love and importance of the program.



All design entries must be turned in by:

FRI. June 12th by noon

The winning design will be featured on the front of the 2020 Meals on Wheels Fundraiser shirts to be sold in July- September. The winner will also get a FREE shirt and a \$ 50.00 Gift Card.

Winner will be notified by Fri. June 26th.

Rules For Entry

- Submit Entry to Jacqueline Welch- located at the Rockingham Senior Center (225 South Lawrence Street, Rockingham, NC 28379) by noon on Friday, June 12, 2020 (910) 997-4491
- Only ONE entry per community resident, any age can submit
- White Paper Only- designs must be drawn on plain white paper, size 8.5" x 11" only and in vertical or portrait mode
- Contact Information- put your name, address, telephone number and email on the back of your entry
- Be Kind- please do not submit any entries with political themes, derogatory comments, violence or anything disrespectful



CONSERVES NATURAL RESOURCES



Recycling conserves natural resources such as trees, water and minerals — preserving the environment for future generations.

for every ton of glass recycled, you conserve:
 1,300 pounds of sand
 410 pounds of soda ash
 380 pounds of limestone
 160 pounds of feldspar



PREVENTS POLLUTION



Recycling prevents pollution and reduces greenhouse gas emissions caused by the extracting and processing of raw materials.



Air pollution is **74% LESS** with recycled paper than when it is being made from raw materials.

SAVES ENERGY



Recycling reduces the need for landfills and incinerators because when materials are recycled, less waste is sent to disposal facilities.



Recycling one aluminum can saves enough electricity to run a TV for **3 HOURS!**

REDUCES THE NEED FOR LANDFILLS



Recycling saves energy by eliminating the need to extract and process raw materials.

86% of plastic water bottles used in the US become garbage that ends up in landfills throughout the country!
 It takes **450 YEARS** for plastic bottles to biodegrade!



CREATES JOBS



Recycling helps create new jobs in the United States for both the recycling industry and manufacturing.

North Carolina has created more than **17,000** recycling jobs!



Richmond County Aging Services

DEMENTIA ASSISTANCE PROGRAM

For Caregivers of Alzheimer and Dementia Patients

If you or your loved one have been **DIAGNOSED** with Alzheimer's Disease or dementia, you may qualify to receive the following:

- Wheelchair Ramp
- Adult Incontinence Supplies
- Smoke Alarm
- Door Alarm
- Respite Care

Call (910) 997-4491 for more information.

DON'T TANGLE OR CONTAMINATE
RECYCLE MORE
 FOR A GREENER STATE



PLASTIC

Bottles, tubs, jugs and jars

No pumps
 Empty and rinse

METAL

All cans

Empty and rinse

GLASS

Bottles and Jars

Empty and rinse

PAPER

Paper, cartons and cardboard

Flatten cardboard

Check your
SMOKE ALARMS

Make sure they are working properly.

WHEN IN DOUBT, THROW IT OUT!



Mother's Day

C H R O N O H I D E V O T E D E Q Q W F H A F N
O F H L Q E G A R U O C C Q P N V U A L S A Z O
M O T H E R H O O D V F E W R M I O N O I D I I
P U H G G G R K E Z R O M B O D H C L W R O F T
A Q U G J E N I Q B G R O G T U O N D E E R C A
S Z U C P V Q A E O L G T N E C N L I R H E H R
S K R L E O U E N U I I I I C E E K P S C S U I
I F E M N M E L I Q S V O R T L S G I F T S R M
O H K B D E E N L U T I N E I E T I Y D R E C D
N X H M E M N P P E E N D H V B Y B T A V N H A
N K R R A O B B I T N G E T E R V L I G G E Z I
F R Y C R R G Y C O E A N A T A G B L R L S B G
Z L X A M I E G S K R N X G R T Q V A K Y O S R
C E K N E E P P I T B V G G X E T R Y I K L L A
A A L D N S C I D B K I N D N E S S O R S C D N
D R R Y T E N E H S U O I C E R P H L N D E K D
O N I I H N G O F S T K M P O A V D O D D S A M
P I C G N A D A I L W F R I E N D S H I P I X O
T N S W T G M H A T X O T C Y J S D C M V V E T
I G A I F I J I R B C J L U N E Y A V U E D L H
O V R Q L Y C E M J O E F L L S T C F E M A L E
N E U Y V E D J E Y W N F D E E K B S D A W Y R
H T V H P L K Q S R V D D F D F G Y G U H V M H
R B C S E L U F I T U A E B A T D A U G H T E R

admiration adoption adore advise affection angel beautiful bond
bouquet candy caring celebrate cherish church closeness compassion
courage daughter dedicated devoted discipline elder emotion
endearment family fellowship female flowers forgiving friendship
gathering gifts grandmother heart helper heritage honesty honor
hug kindness learning lessons listener love loyalty memories
motherhood precious protective queen special

Memorial Day

D E F E N S E K H C S P A R A D E G Z Q E B N N
T C D S S A U X I E K U T X I A G L O M L R O E
M G O N C U D V C Q R O N R K B E C I C B A I E
O B W N J U I T V Q O T T E D S O S I E M V T O
I J O E S C W C Z X W O E U Z M S T K Y U E O T
P N R N W T V L N Y E T T E M I O P R O H R V M
S A C R I F I C E S R Y S E O I T O R D K Y E E
W J C R W G B T T Y I T M N R Z T I A D N M D M
Y T L A Y O L C U A F O N T H S U N C A O B L O
C E L E B R A T E T R A A U I P G H T T B T N R
E W R T T S W N J A I P I H O E F I I I Y Q O I
C D E R T T Q Y T W W O H U R C O O A N L F I A
N Y M H E O N E R H U L N O X N N A P D I Z T L
A A G N N C O M B A T A U M R A Z Z P E M K A S
T I B A N N E R S A T S C Z L O M N R P A L R P
R G N J H G G T P G T I I T T A U L E E F Y A I
O E O S F A F H Q L L T L D I S C X C N S T L H
P W T C W L S C L W H O L I X V L R I D Y I C S
M B X U Q F P W X X C X R E M T I A A E V N E D
I F A A L W R H O L I D A Y F U I T T N V G D N
G I N N P A S O H E R O I N I I W D I C G I U E
D I K H D S S F R E E D O M B T E V O E T D V I
D U R F I G H T I N G P E A C E U L N G S W Y R
Z N O I S O L P X E M W Y R I W R E D I L O S F

activities appreciation band banners battlefield bravery celebrate
citizen civic combat commemorate constitution country dangerous
declaration defense devotion dignity duty emotional explosion family
fighting fireworks flag freedom friendships glory hero history
holiday humble importance independence loyalty memorial military
mission nation parade patriotic peace rights sacrifices salute
solider war



WE ARE TRYING SOMETHING NEW!

This time of year we usually begin asking the public for donations for our Annual Yard Sale. Unfortunately, at this time we are unsure when we will be able to have our Yard Sale due to COVID-19. So in this era of social distancing, we are pleased to announce the creation of our Online Thrift Shop. We will be showcasing unique items on our Facebook Page and on our Webpage. To view the items posted visit <http://www.richmondnc.com/487/Online-Thrift-Shop> or <https://www.facebook.com/agingisgood/shop/?rt=19>.

HERE IS HOW IT WORKS!

1. If you are interested in purchasing the item(s) please comment below the item on our Facebook Page Wall, Private Message or email Jacqueline Welch and let her know you want it at jacqueline.welch@richmondnc.com. This is first come, first serve.
2. If you are the first person to claim the item, you will get a confirmation that the item is yours.
3. Once you have been confirmed the purchaser, you will need to pay for the item. We accept Cash, Money Order or Credit Cards (A Convenience Fee of 2.5% of the amount being paid plus .30 cents will be applied to your credit card payment).
4. Once confirmation of your payment has been received, you will be contacted to arrange for pick-up.
5. Check back weekly- new item(s) will be posted weekly.

DONATE & FEEL GREAT!

Donating is a great way to give your unwanted items a second life. By donating you help recycle unwanted items. This tax deductible contribution will not only support your community but declutter your home as well. Recycling at its very best! Remember 100% of the profits from your donation go directly to the Senior Center. If you want to donate to The Online Thrift Shop please give us a call at (910) 997-4491. We can make arrangements to accept your new or gently used item(s). We do not have much storage space, so we ask that you please hold on to any large items until we are able to have our annual yard sale. So let's get those garages, attics and closets cleaned out and find lots of hidden treasures for us to sell. We appreciate your donation. All items must be clean, gently used, free of stains, pet hair, mold and smoke odor.

These are some of the items we can accept:

Clothing & Accessories

Men's, Women's and Children's Clothing & Shoes. Hats, Scarves and Ties, Purses, Bags and Jewelry.

Housewares

China, Dishes, Silverware, Cookware, Glassware, Pots & Pans, Rugs, Tablecloths, Linens, Blankets, Bed Sheets, Curtains, Bath Towels, etc.

Furniture & Furnishings

Small Tables, Chests, Chairs, Area Rugs - clean no stains or tears, Artwork, Pictures & Frames, Floor Table & Lamps, Fans, Decorative Pillows.

Other items

Puzzles, Boxed Toys and Games (all pieces). Books-soft cover only (fiction and non-fiction), must be clean, no broken bindings, no missing pages, NO MAGAZINES. Videos, DVDs, CDs, & Records (NO HOME RECORDINGS).

ITEMS WE CAN NOT ACCEPT

TV's, Stereos, Drapery Hardware, Mattresses, Hazardous Material, Used Car Seats, Major Appliances.

All donation pick-ups are at Aging Services discretion.

Donations are tax deductible, receipt given upon request.

All donations are final.