



Newsletter

225 South Lawrence Street
Rockingham, NC 28379

Phone: 910-997-4491
Fax: 910-410-1136

Email: agingservices@richmondnc.com

Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)

July 2020

Important Announcement

Richmond County Aging Services is CLOSED to all participants. This includes the East Rockingham, Rockingham and Ellerbe Senior Centers and the East Rockingham, Ellerbe and Hamlet Meal Sites. Services such as In Home Aide, Home Delivered Meals, Adult DSS Assistance Program and SHIIP Counseling are still operating with some modifications. If you have a question about a particular service please give us a call at (910) 997-4491. Staff is responding to calls and requests to meet basic needs. Re-opening will be announced via website, Facebook, email and voice calls.

Richmond County Aging Services



DEMENTIA ASSISTANCE PROGRAM

For Caregivers of Alzheimer and Dementia Patients

Call (910) 997-4491 for more information.

If you or your loved one have been DIAGNOSED with Alzheimer's Disease or dementia, you may qualify to receive the following:

- Adult Incontinence Supplies
- Door Alarm
- Respite Care
- Smoke Alarm
- Wheelchair Ramp



PANDEMIC OUTREACH PARTNERS

Richmond County, NC



*Thank
You*



In June over 250 boxes of food and toiletries were delivered to seniors in Richmond County during this pandemic.

Several staff members from R.C. Health, R.C. DSS, R.C. Aging Services, R.C. Emergency Management & E-911 and Area of Richmond Transit (ART) helped deliver.

We would like to thank the following sponsors for there donations:

- Perdue Farms
- Family Dollar Stores
- Cascades Tissue Group
- CorTek, Inc
- Von Drehle Corporation
- Our Daily Bread Christian Food Ministries
- Place of Grace Ministries
- Dan Parks

Update from NC Governor Roy Cooper

North Carolina Governor Roy Cooper announced residents are required to wear face masks in public and that the state's Phase 2 will continue for three more weeks, as coronavirus cases continue to rise at an alarming rate.

People must wear face coverings when in public places, indoors or outdoors, where physical distancing of 6 feet from other people who aren't in the same household or residence isn't possible.

The Executive Order is effective at 5 p.m. on Friday, June 26.

Face coverings will be required for all employees and customers of retail businesses and restaurants as well as workers in manufacturing ,construction, meat processing and agriculture settings.

There are exceptions including people with medical conditions and children under 11, people who are at home and people who are walking or otherwise exercising outside when not within six feet of others.

North Carolina will pause and continue the Safer At Home Phase 2 for another three weeks. The state will continue to be in Phase 2 until 5 p.m. on July 17, 2020.

How To Make Homemade Hand Sanitizer

Ingredients Needed:

- 3 tablespoons of 70% or higher isopropyl rubbing alcohol
- 1 tablespoon of aloe vera to prevent hands from drying out from the use of alcohol
- ½ teaspoons of vegetable glycerin or vitamin E oil
- Optional: a few drops of tea tree or lavender essential oil

Instructions:

- Combine all of the ingredients in a bowl.
- To use hand sanitizer, store in a small jar or a squeeze tube.
- This recipe will make 2 fluid ounces.

Census Count in Richmond County

Are you curious about how many people in your town and surrounding counties are responding to the 2020 Census?

Complete your CENSUS and encourage others to complete their CENSUS!!!

Come on, let's get Richmond County's numbers up!

As of June 19, 2020

National Self-Response- 61.5%

NC Self-Response- 57.8%



Richmond County- 49.0%

Dobbins Heights - 37.5%

Hoffman - 41.4%

Ellerbe - 29.6%

Norman - 29.2%

Hamlet - 50.0%

Rockingham - 52.4%

Bladen County- 42.3%

Hoke County- 52.5%

Robeson County- 44.2%

Scotland County- 51.8%

Sandhills Community Action Program, Inc. NC Cares-Covid-19 Relief

HELP for those who have been financially affected by Covid-19

ELIGIBILITY

- Demonstrate loss/reduction of income, due to COVID-19
 - Income eligible on household size
 - Other restrictions may apply

Our offices are closed to the public; but we're available to assist you online, by telephone or email

Website: www.SandhillsCAP.org

Send emails to info@sandhillscap.org

Or call 910-410-0207



Adopt a Senior Program

Meals on Wheels

By donating to the Meals on Wheels program, your gift provides nutritious meals delivered by a volunteer's friendly smile to a home-bound senior.

Aging Services' Meals on Wheels program delivers approx. 30,000 meals a year to seniors who can not shop or cook for themselves.

For just \$10 a day, you can help feed a senior in need.

Mail donations to RC Aging Services at 225 South Lawrence Street, Rockingham, NC 28379

Call (910) 997-4491 with any questions.

RICHMOND COUNTY, NC

2020 CENSUS

The 2020 Census is happening now.
You can now respond online, by phone, or by mail.

- 1 Complete By Computer**
Visit www.2020Census.gov to complete your census. You will come to a screen that says Shape your future.

Click on the Respond button and follow the prompts.
- 2 Complete By Phone**
You have the option of completing the questionnaire by phone.
To begin, call 844-330-2020 or for Spanish call 844-468-2020.
Hours of Operation are 7:00am - 2:00am est
- 3 Complete By Mail**
Most households received their invitation to respond to the 2020 Census between March 12 - 20. These official Census Bureau mailings will include detailed information and a Census ID for completing the census online. During this time, homes in areas that are less likely to respond online will receive a paper questionnaire.
All homes will receive a paper questionnaire if they do not first respond online or by phone. When responding, use blue or black ink to fill in the questionnaire. Do not use a pencil.
- \$ Respond to help shape the future.**
Responding to the 2020 Census helps communities get the funding they need and helps business make data-driven decisions that grow the economy. Census data impacts our daily lives, informing important decisions about funding for services and infrastructure in our community, including health care, senior centers, jobs, political representation, roads, schools and businesses.
More than \$675 billion in federal funding flows back to states and local communities each year based on census data.



BE COUNTED



Crisis Intervention Program (CIP)

What is it?

The Crisis Intervention Program provides financial help to help to households that are in a heating or cooling- related emergency.

Who might be eligible?

1. Household must meet an income test.
2. Household must be in a heating or cooling- related emergency.
3. Household must include a U.S. citizen or an eligible alien.
4. Household does not have to have a disconnect notice just a past due notice.
5. An interview is required.

Where to apply

Contact your local senior center or your county department of social services where you live to find out how to apply. (910) 997-8480

Hearings

If a household is denied payment, a hearing can be requested. To request a hearing, contact the County Department of Social Services by telephone, or in writing.

Penalty for fraud

Fraud is committed when a household knowingly gives incorrect or misleading information so the household will be eligible for energy assistance. The penalty for fraud is a fine and imprisonment and/or requirement to repay the money.

JULY 4TH

A R N I V A L S L E E H W N I P E G M W O T
M N P H U M I D I T Y V J B L I B E R T Y E
G O S D T P F N J H T G P A T R I O T I C K
V I R S E V S E H C I W D N A S O K B B C C
B T Z T Z C G J M Y Y B S F E S T I V A L O
N A P A Q W L T I R R R C D S T R I P E S R
U R A R A U G A O V E J S N Z E U C E B R A
S B R S R Y L L R K S P A X U S P A R K L E
C E T R P T G E C A A P O P S I C L E S F Y
P L I W N K D A M R T S A B A N D Y D B F C
M E E O E O R R K O C I K M N E R I F N O B
S C S T F C I L I I N S O P E G J Q T W M P
U R C Y E T E T N B Y A L N A R Y S O D A S
D H E R L R B H U I B R D L E R I U G F E K
U L I G S S C F Q T G O W E O S A C F R S Y
E F Q G R E O S S N I Y N R R R S D A E N I
G H R V T U H E A T B T B S T G R S E E O B
G I T O O K B W L B G G S N Y R E T A D I L
W A R S U Q S M F W N N K N D Y N H W O N U
O Y L T T W P I A V O I A D O S N G H M O E
P N I F S I I C O H T V E C C C A I Y Z U J
X Z R A I M E G J G E A T N V H B R V L U R
O W P H D C S P T F A W S C T C O L O N I E
L L A B E S A B I L I Z B N H O L I D A Y M

STEAKS SODA SANDWICHES ROLLS POPSICLES PIES ONIONS
KETCHUP WAVING LEMONADE TEA STREAMERS SPARKLES SKY
ROCKET RIGHTS RIBBONS PYROTECHNICS PINWHEELS PATRIOTIC
PARTIES OUTSIDE HUMIDITY HEAT GLORY BANNERS BAND
STRIPES STARS RED LIBERTY INDEPENDENCE FLAG
DECLARATION SPARKLERS PARADE HOLIDAY HAMBURGERS
FIRECRACKERS FESTIVAL CELEBRATION CARNIVAL BONFIRE
BASEBALL BARBECUE FREEDOM CONSTITUTION COLONIES BLUE
AMERICA

Unscramble Summer Fun Words

1. IPCCIN _____
2. LPOO _____
3. SMMINGWI _____
4. BSEAABLL _____
5. CIE RMACE _____
6. USNCSRENE _____
7. ASEGSNSLU _____
8. TOIOLN _____
9. TIRUF _____
10. VOACITNA _____
11. OENATELMWR _____
12. SACLNEASDT _____
13. HTAE _____
14. GBANIOT _____
15. EARWT _____
16. ACPSEHE _____
17. ALFMYI _____
18. ENIORNU _____
19. WORRIEFSK _____
20. TOKOCUO _____
21. EAEBTLEGVS _____
22. PLIF OFSLP _____
23. OTRSHS _____
24. AHECB _____

1.	PICNIC	10.	VACATION	19.	FIREWORKS
2.	POOL	11.	WATERMELON	20.	COOKOUT
3.	SWIMMING	12.	SANDCASTLE	21.	VEGETABLES
4.	BASEBALL	13.	HEAT	22.	FLIP FLOPS
5.	ICE CREAM	14.	BOATING	23.	SHORTS
6.	SUNSCREEN	15.	WATER	24.	BEACH
7.	SUNGLASSES	16.	PEACHES		
8.	LOTION	17.	FAMILY		
9.	FRUIT	18.	REUNION		