

Meal Site Menu

July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Do you or loved ones have Medicare? SHIIP can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</p>		1.	2.
<p>5. CLOSED</p>	<p>6. CLOSED</p>	<p>7. Sloppy Joe, Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk</p>	<p>8. Smothered Chicken, Buttered Rice, Green Beans w/Red Peppers, Dinner Roll, Pound Cake, Milk, & Margarine</p>	<p>9. Slice Turkey Breast, Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,</p>
<p>12. Smoked Sausage, Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup</p>	<p>13. Taco Meat, Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing</p>	<p>14. Slice Ham, Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine</p>	<p>15. A-1 Chopped Steak, Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine</p>	<p>16. Chicken Chef Salad, Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing</p>
<p>19. Salisbury Steak, Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine</p>	<p>20. Spinach & Bacon Quiche, O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly</p>	<p>21. Honey Baked Chicken, Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine</p>	<p>22. Turkey Salad, Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk</p>	<p>23. Beef Patty, Slice Cheese, Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/ Ketchup</p>
<p>26. Cranberry Dijon Chicken, Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine</p>	<p>27. Tuna Salad, Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk</p>	<p>28. BBQ Chicken, Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk</p>	<p>29. Spaghetti Bake, Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing</p>	<p>30. Sliced Ham, Swiss Cheese, Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise/Mustard</p>

East Rockingham Meal Site

135 Safie 6th Street, Rockingham, NC 28379

910-997-8225

July 2021

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<p>Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</p>		1.	2.
<p>5.</p> <p>CLOSED</p>	<p>6.</p> <p>CLOSED</p>	<p>7. Sloppy Joe, Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk</p>	<p>8. Smothered Chicken, Buttered Rice, Green Beans w/Red Peppers, Dinner Roll, Pound Cake, Milk, & Margarine</p>	<p>9. Slice Turkey Breast, Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,</p>
<p>12. Smoked Sausage, Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup</p>	<p>13. Taco Meat, Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing</p>	<p>14. Slice Ham, Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine</p>	<p>15. A-1 Chopped Steak, Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine</p>	<p>16. Chicken Chef Salad, Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing</p>
<p>19. Salisbury Steak, Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine</p>	<p>20. Spinach & Bacon Quiche, O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly</p>	<p>21. Honey Baked Chicken, Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine</p>	<p>22. Turkey Salad, Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk</p>	<p>23. Beef Patty, Slice Cheese, Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/ Ketchup</p>
<p>26. Cranberry Dijon Chicken, Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine</p>	<p>27. Tuna Salad, Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk</p>	<p>28. BBQ Chicken, Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk</p>	<p>29. Spaghetti Bake, Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing</p>	<p>30. Sliced Ham, Swiss Cheese, Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise/Mustard</p>

Ellerbe Meal Site

306 Millstone Road, Ellerbe, NC 28338

910-652-6006

July 2021

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5. CLOSED	6. CLOSED	7. Sloppy Joe , Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk	8. Smothered Chicken , Buttered Rice, Green Beans w/Red Peppers, Dinner Roll, Pound Cake, Milk, & Margarine	9. Slice Turkey Breast , Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,
12. Smoked Sausage , Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup	13. Taco Meat , Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing	14. Slice Ham , Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine	15. A-1 Chopped Steak , Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine	16. Chicken Chef Salad , Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing
19. Salisbury Steak , Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine	20. Spinach & Bacon Quiche , O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly	21. Honey Baked Chicken , Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine	22. Turkey Salad , Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk	23. Beef Patty, Slice Cheese , Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/ Ketchup
26. Cranberry Dijon Chicken , Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine	27. Tuna Salad , Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk	28. BBQ Chicken , Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk	29. Spaghetti Bake , Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing	30. Sliced Ham, Swiss Cheese , Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise/Mustard

Hamlet Meal Site

102 Veterans Drive, Hamlet, NC 28345
910-582-7985

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5. CLOSED	6. CLOSED	7. Sloppy Joe , Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk	8. Smothered Chicken , Buttered Rice, Green Beans w/Red Peppers, Dinner Roll, Pound Cake, Milk, & Margarine	9. Slice Turkey Breast , Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,
12. Smoked Sausage , Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup	13. Taco Meat , Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing	14. Slice Ham , Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine	15. A-1 Chopped Steak , Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine	16. Chicken Chef Salad , Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing
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