

Meal Site Menu

August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. Meatloaf, Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup</p>	<p>3. Chicken Alfredo, Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine</p>	<p>4. Sloppy Joe, Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk</p>	<p>5. Fajita Chicken, Brown Rice, Fiesta Vegetable Blend, Flour Tortilla, Mandarin Oranges, Milk, & Sour Cream</p>	<p>6. Slice Turkey Breast, Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,</p>
<p>9. Smoked Sausage, Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup</p>	<p>10. Taco Meat, Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing</p>	<p>11. Slice Ham, Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine</p>	<p>12. A-1 Chopped Steak, Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine</p>	<p>13. Chicken Chef Salad, Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing</p>
<p>16. Salisbury Steak, Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine</p>	<p>17. Spinach & Bacon Quiche, O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly</p>	<p>18. Honey Baked Chicken, Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine</p>	<p>19. Turkey Salad, Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk</p>	<p>20. Beef Patty, Slice Cheese, Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/Ketchup</p>
<p>23. Cranberry Dijon Chicken, Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine</p>	<p>24. Tuna Salad, Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk</p>	<p>25. BBQ Chicken, Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk</p>	<p>26. Spaghetti Bake, Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing</p>	<p>27. Sliced Ham, Swiss Cheese, Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise Mustard</p>
<p>30. Meatloaf, Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup</p>	<p>31. Chicken Alfredo, Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine</p>		<p>Do you or loved ones have Medicare? SHIIP can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</p>

East Rockingham Meal Site

135 Safie 6th Street, Rockingham, NC 28379

910-997-8225

August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
2. Meatloaf , Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup	3. Chicken Alfredo , Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine	4. Sloppy Joe , Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk	5. Fajita Chicken , Brown Rice, Fiesta Vegetable Blend, Flour Tortilla, Mandarin Oranges, Milk, & Sour Cream	6. Slice Turkey Breast , Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,
9. Smoked Sausage , Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup	10. Taco Meat , Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing	11. Slice Ham , Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine	12. A-1 Chopped Steak , Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine	13. Chicken Chef Salad , Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing
16. Salisbury Steak , Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine	17. Spinach & Bacon Quiche , O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly	18. Honey Baked Chicken , Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine	19. Turkey Salad , Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk	20. Beef Patty, Slice Cheese , Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/Ketchup
23. Cranberry Dijon Chicken , Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine	24. Tuna Salad , Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk	25. BBQ Chicken , Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk	26. Spaghetti Bake , Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing	27. Sliced Ham, Swiss Cheese , Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise Mustard
30. Meatloaf , Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup	31. Chicken Alfredo , Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine		Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.

Ellerbe Meal Site

306 Millstone Road, Ellerbe, NC 28338

910-652-6006

August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
2. Meatloaf , Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup	3. Chicken Alfredo , Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine	4. Sloppy Joe , Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk	5. Fajita Chicken , Brown Rice, Fiesta Vegetable Blend, Flour Tortilla, Mandarin Oranges, Milk, & Sour Cream	6. Slice Turkey Breast , Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,
9. Smoked Sausage , Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup	10. Taco Meat , Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing	11. Slice Ham , Northern Beans, Turnip Greens, Wheat Bread, Orange Juice, Fudge Crème Cookie, Milk, & Margarine	12. A-1 Chopped Steak , Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine	13. Chicken Chef Salad , Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing
16. Salisbury Steak , Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine	17. Spinach & Bacon Quiche , O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly	18. Honey Baked Chicken , Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine	19. Turkey Salad , Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk	20. Beef Patty, Slice Cheese , Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/Ketchup
23. Cranberry Dijon Chicken , Parslied Rice, Mixed Vegetables, Wheat Roll, Mandarin Oranges, Milk, & Margarine	24. Tuna Salad , Pasta Salad, Broccoli Raisin Salad, Multi Grain Bread (2), Tropical Fruit, & Milk	25. BBQ Chicken , Baked Beans, Corn O'Brien, Hamburger Bun, Lemon Swirl Pudding, & Milk	26. Spaghetti Bake , Green Peas, Tossed Salad, Dinner Roll, Mixed Fruit Cobbler, Milk, & Ranch Dressing	27. Sliced Ham, Swiss Cheese , Potato Salad, California Salad, Wheat Bread (2), Fresh Banana, Milk, & Mayonnaise Mustard
30. Meatloaf , Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup	31. Chicken Alfredo , Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine		Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.

Hamlet Meal Site

102 Veterans Drive, Hamlet, NC 28345
910-582-7985

August 2021

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2. Meatloaf , Whipped Potatoes, Peas & Carrots, Dinner Roll, Fudge Crème Cookie, Milk, & Ketchup	3. Chicken Alfredo , Capri Vegetable Blend, Collard Greens, Texas Bread, Carnival Cookie, Milk, & Margarine	4. Sloppy Joe , Ranch Beans, Confetti Coleslaw, Hamburger Bun, Hot Spice Fruit, & Milk	5. Fajita Chicken , Brown Rice, Fiesta Vegetable Blend, Flour Tortilla, Mandarin Oranges, Milk, & Sour Cream	6. Slice Turkey Breast , Swiss Cheese, Potato Salad, Hamburger Bun, Chocolate Pudding,
9. Smoked Sausage , Oven Roasted Potatoes, Green Peas, Hot Dog Bun, Grape Juice, Milk, & Ketchup	10. Taco Meat , Spanish Rice, Fiesta Vegetables, Tossed Salad, Tortilla Chips, Seasonal Fruit, Milk, & Ranch Dressing	11. CLOSED	12. A-1 Chopped Steak , Whipped Potatoes, Green Beans, Dinner Roll, Chocolate Chip Cookies, Milk, & Margarine	13. Chicken Chef Salad , Black-eyed Peas Salad, California Salad, Saltine Crackers, Fresh Banana, Milk & Ranch Dressing
16. Salisbury Steak , Noodles, Brussels Sprouts, Dinner Roll, Chocolate Chip Cookie, Milk, & Margarine	17. Spinach & Bacon Quiche , O'Brien Potatoes, Hot Cinnamon Applesauce, English Muffin, Grape Juice, Milk, Margarine, & Assorted Jelly	18. Honey Baked Chicken , Rice Pilaf, Green Peas w/Red Peppers, Dinner Roll, Birthday Cake, Milk, & Margarine	19. Turkey Salad , Macaroni Salad, Cucumber Tomato Salad, Wheat Bread (2), Seasonal Fruit, & Milk	20. Beef Patty, Slice Cheese , Lettuce/Tomato/Pickle, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, Milk, Mayonnaise, Mustard/Ketchup
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