



Newsletter



225 South Lawrence Street
Rockingham, NC 28379

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December 2021

Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)



RICHMOND COUNTY AGING SERVICES

Alive after 55

SUPPER CLUB

LET'S GET TOGETHER FOR SUPPER
AND
ENJOY A NIGHT OUT WITH OTHER
SENIORS OVER 55 YEARS OLD.

**Location to be
determined**

**THURSDAY
JANUARY 20TH
@6:00PM
RSVP BY 1/19/22
910-997-4491**

This program is open to any senior who is looking for social support, friendship and great food. We will meet once a month on the 3rd Thursday at 6:00pm at a designated restaurant in Richmond County.

**Reservations for Dinners will close 24 hours before actual event so the venue will know how many members to expect.
RSVP's are a must, call 910-997-4491**

PAY-YOUR-OWN-WAY-MEAL.

*PLEASE REMEMBER TO TIP THE WAIT STAFF GENEROUSLY,
A MINIMUM OF 15% - 20% SO WE WILL BE WELCOME AT THE NEXT EVENT.*



*When you
shop locally
you support
an entire
community,
not just a
business.*

Shop Local, Okay!

THANK YOU

? Want our
newsletter
emailed to you,
give us a call
(910) 997-4491.

Richmond County Aging Services

YARD SALE

Saturday, December 11th

8:00am - 1:00pm

**FORMER PLACE OF
GRACE CAMPUS**

559 Airport Rd.
Rockingham, NC 28379



The money we raise will help to purchase smoke alarms, door alarms, and build wheelchair ramps for those living with Alzheimer's or dementia.



For more info call
(910) 997-4491

*Cash
Only*

**REPORT ADULT
AND/OR CHILD
ABUSE**

**Richmond County
DSS
Intake Line**

(910) 997-8415

**IF YOU
THINK IT,
REPORT IT!**

Richmond County Aging Services

We Wish You A

Merry Christmas

And A Happy New Year



Help us
reach 2,000
followers

*We will do a
giveaway to one of
our followers when
we hit 2k.*

estimated \$50 value

**BY THE END OF
DECEMBER**



MEMORIALS & TRIBUTES

Richmond County Aging Services

Richmond County Aging Services raise funds throughout the year and many times people will ask how they can help.

There are multiple ways, but one of the most important is very uncomfortable to talk about. Please consider speaking with your families about memorial contributions to Richmond County Aging Services as a way of remembering you.

For so many of you this is your home away from home and sometimes families don't realize that. Memorial contributions help the senior center in so many ways including helping those in need, supplementing the meal program, entertainment and even the daily expenses of the senior center.

If you have questions, please give us a call at 910-997-4491.

Richmond County Aging Services

Raffle



Gift Basket from Touch of Glo
...a \$135 value...

- > Signature Facial or Service of Equal Value w/Amberly Williams,
- > \$25 off Color Service w/Ashley Quick,
- > \$20 Regular Manicure w/Ferre,
- > 5 Free Tanning Visits.

Tickets are \$5 each or 5 for \$20

Purchase tickets beginning Monday, November 1st from your local senior center.

Drawing will be held on Monday, December 20th at 4pm.

Call (910) 997-4491 for more details.

All proceeds benefit Aging Services' programs and activities.

RICHMOND COUNTY AGING SERVICES

CHRISTMAS FRUIT BAGS

Tickets will be available at your local senior center beginning November 8th

*Due to COVID, there will not be a party this year.
We sincerely apologize and realize the disappointment this brings.*

FRUIT BAG PICK UP AT
Ellerbe Senior

Center
WEDNESDAY,
DECEMBER 8TH
9am - 12pm

> Free Fruit Bag
> Must be at least
60 years old
> For more
info call
(910) 997-4491

FRUIT BAG PICK UP AT
Rockingham
Senior Center
WEDNESDAY,
DECEMBER 15TH
9am - 12pm



Important Announcement

The East Rockingham, Rockingham and Ellerbe Senior Centers will remain open.

There **will be** restrictions in place.

>>>If you **HAVE** or **HAVE NOT** been vaccinated with the Covid-19 vaccine, you **WILL BE ALLOWED IN THE BUILDING**, but asked to **practice social distancing** and **wear face masks**.<<<

We have a limited capacity on how many participants we can allow in the buildings at any given time for meal sites, activities and games!!!

Please check with your local senior center director for more information.

Thank you for your cooperation!

Donate a
Space Heater
for Elderly in
Richmond County



Drop off **NEW** items only to the
Rockingham Senior Center located at
225 South Lawrence Street, Rockingham,
NC 28379. (910) 997-4491



RICHMOND ASSIST PROGRAM



**NEED HELP?
BEHIND ON UTILITIES?
BEHIND ON RENT/MORTGAGE?**

WE CAN HELP! VISIT THE WEBSITE FOR MORE DETAILS

<https://www.richmondnc.com/550/Richmond-Assist-Program>



INCOME ELIGIBILITY

Provides financial assistance to those families of low to moderate-income who are behind on rent and utility costs



PROCESS

Eligible households can receive a *one-time* up to \$1000 to avoid disconnections/evictions "Payments made to vendors only"



APPLICATIONS

All applications are to be submitted in the RED BOX in front of the DSS entrance

Applications available at DSS entrance, most utility companies, and on the website



DO YOU NEED HELP PAYING YOUR HEATING BILLS?

If so, the Low-Income Energy Assistance Program (LIEAP) may be able to help you.

Funds are Limited, **APPLY TODAY!**

Households with a person age 60 or older or a disabled person receiving services through the NC Division of Aging and Adult Services can apply from December 1, 2021, through December 31, 2021. All households can apply beginning January 3, 2022, through March 31, 2022 or until funds are exhausted.

Households with a Native American adult age 18 and older residing in Cumberland, Hoke, Robeson, and Scotland counties, who wish to apply for LIEAP benefits, must do so through the Lumbee Tribe.

Households that include an enrolled member of the Eastern Band of Cherokee Indians (EBCI) living in the five-county service area of Cherokee, Graham, Haywood, Jackson, and Swain counties, who wish to apply for LIEAP benefits, must do so through the EBCI. This includes enrolled EBCI members on and off the Qualla Boundary in the five counties.

Contact your local county department of social services for more information.



Division of Social Services
www.ncdhhs.gov • NCDHHS is an equal opportunity employer and provider • 10/19

Is your Medicare plan still right for you? An annual Medicare review may help you save.

SHIP can help.

Medicare's Annual Open Enrollment Period is **Oct. 15 – Dec. 7**. During that time, seniors who have Medicare coverage can make plan changes that may lower their costs. You could save by:

- Evaluating eligibility for low-income subsidies
- Choosing the best Part D Drug Plan based on current medications & preferred pharmacy
- Exploring available Medicare Advantage Plans

The Seniors' Health Insurance Information Program (SHIP) offers free individual counseling to assist you in selecting the best Medicare options for you. **Schedule an appointment today to see if you can save!**

Richmond County
Aging Services

Terry Rush
(910)410-1135



IN THE KITCHEN with Judy Whitley

Check out our Facebook page @agingsgood on Tuesdays for a short video of simple recipes for you to try at home, hosted by Judy Whitley our Ellerbe Senior Center Director and Meal Site Manager.

Adopt a Senior for Christmas 2021

Sponsors



SANTA SPONSOR



Rockingham Police Department



\$700.00 - \$1,000.00



ELF SPONSOR



CAROLINA HEARTS HOME CARE

Phone: (910) - 277-2505
Toll Free: 1-855-277-2005

\$400.00 - \$699.00



REINDEER SPONSOR



\$200.00 - \$399.00



SNOWMAN SPONSOR

Jessica Dunn
R. Thomas Nichols
Diane King
Deborah Kelly
The Hotter Family



\$25.00 - \$199.00

Total raised: \$ 2,850.00 91 Seniors Assisted

Thank you to all of the companies, families, and individuals who selected names to shop for our seniors and donated funds to help make their Christmas special this year!

A special Thank you to Speckled Paw Coffee Shop for putting a tree up with our senior's wish lists to allow the public to select from.

FIVE WINTER HEATING SAFETY TIPS

TIP # 1



Keep flammable materials at least three feet away from furnaces, fireplaces, wood stoves and space heaters. Twenty-nine percent of fires that spread past the object of origin happened because the heat source (space heater or fireplace) was too close to things that can burn.

TIP # 2



Never use an oven or stovetop to heat your home. Kitchen ovens were never designed for heating homes, only for cooking food.

TIP # 3



Have a qualified professional inspect and clean your heating system annually. Check the area around your furnace or boiler. Many heating equipment fires are a result of flammable materials and substances being kept too close to the furnace. Keep trash, paint and other flammable materials far away from your heating system.

TIP # 4



Never leave space heaters unattended or run them overnight while you are sleeping. Space heaters should also be plugged directly into a wall. Do not use an extension cord or power strip as they can overheat and cause a fire.

TIP # 5



Test smoke alarms and carbon monoxide detectors once per month. During a winter storm, smoke alarms dependent on your home's electrical service may not work during a power outage. If your smoke alarm uses a back-up battery, install a new battery at least once a year.

East Rockingham Building Rentals Resume on a Schedule

The East Rockingham Senior Center Building will be available to rent for the month of December on Saturdays only. Each month will be evaluated due to Covid-19. Please call (910) 997-4491 with any questions.

Merry Christmas

B T P S M S K T F I G S L L E B M Z M E G S U I
 T A G G U P W P Y M W K Q D X E E M A C N L T Z
 H V V S T E U Z X P H K H G T C H N N A I T B X
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 C L I G H T S T Z B E T Q X E G O K O V H S A T
 D Z H G C D O A Y R S M N P U L E R I E X E M E
 Q Z C X K L E N N E H L B E W A K S A N M I E Z
 R Y W Z L I H S F E X C P E S E T P N T G K N W
 H A H I A F W N B D F H O A R E E T E K I O T Z
 K N T R V N T Q A N C E I J C L R D Y O J O S X
 V M A S L V G B R I A S N E C J X P D R A C N S
 W C I U K E L E C E R T S E K A C T I U R F E S
 F B W Q G E N O L R O N E B M E L A S U R E J X
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 R O I V A S T N Q R K T T L V Y T I V I T A N N
 U Z E B C L P Y K I A S I W O B P E A C E L S L
 D A D V E N T C T R E E A V C P X B U Q F L E R

- Advent
- Angel
- Baking
- Bells
- Bethlehem
- Birth
- Blessing
- Bow
- Candlelight
- Card
- Carol
- Celebrate
- Chestnuts
- Chimney
- Coal
- Cookies
- December
- Decorations
- Elf
- Family
- Festive
- Fireplace
- Frosty
- Fruitcake
- Gift
- Holiday
- Hymn
- Icicle
- Jerusalem
- Jesus
- Jolly
- Joy
- Lights
- Love
- Magic
- Manger
- Mistletoe
- Nativity
- Naughty
- Noel
- Ornaments
- Peace
- Poinsettia
- Presents
- Reindeer
- Savior
- Star
- Toys
- Tree

