



STEPS OF HANDWASHING

Follow these six steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds . Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or an air dryer.
6. **Turn** the water off using a towel to dry your hands.

Each employee’s hands must be washed thoroughly, using soap, warm water, and a sanitary towel or approved drying device, before beginning work and after each visit to the toilet.

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[Handwashing Video](#)



